Sustained safety and clinical performance of a drug-eluting absorbable metal scaffold up to 24 months: pooled outcomes of BIOSOLVE-II and BIOSOLVE-III



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KEYWORDS

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stent thrombosis

Abstract

Aims: We aimed to assess the safety and performance of the DREAMS 2G scaffold up to 24 months post implant.

Methods and results: The present study population comprises a total of 184 patients with 189 lesions who were enrolled in the prospective, multicentre BIOSOLVE-II and BIOSOLVE-III trials. Clinical follow-up was scheduled at one, six, 12, 24 and 36 months. The present report includes pooled follow-up data at six months and BIOSOLVE-II data at 24 months. Patients were 65.5 ± 10.8 years old, and lesions were 12.5 ± 5.1 mm long with reference diameters of 2.7 ± 0.4 mm. Procedural success was obtained in 97.8%. At six months, the composite clinical endpoint target lesion failure was 3.3% (95% CI: 1.2-7.1), based on two cardiac deaths (1.1%, one unknown and one not device-related), one target vessel myocardial infarction (0.6%), and three clinically driven target lesion revascularisations (1.7%). For BIOSOLVE-II at 24 months, the target lesion failure rate was 5.9% (95% CI: 2.4-11.8), based on two cardiac deaths (1.7%), one target vessel myocardial infarction (0.9%) and four target lesion revascularisations (3.4%). There was no definite or probable scaffold thrombosis.

Conclusions: The present analysis provides additional evidence on the safety of a drug-eluting absorbable metal scaffold with promising clinical outcomes up to 24 months and absence of definite or probable scaffold thrombosis.

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Abbreviations

BRS	bioresorbable scaffold		
DAPT	dual antiplatelet therapy		
DES	drug-eluting stent		
DREAMS 2G	drug-eluting absorbable metal/magnesium scaffold		
	second generation		
OCT	optical coherence tomography		
PCI	percutaneous coronary intervention		
PLLA	poly-L-lactic acid		
TLF	target lesion failure		
TLR	target lesion revascularisation		

Introduction

Bioresorbable vascular scaffolds (BRS) have been developed to overcome limitations of bare metal and drug-eluting stents (DES), in particular to avoid creation of permanently caged vessel segments, chronic vessel wall inflammation or long-term stent crushing and fractures. Furthermore, BRS provide the option of non-invasive vessel lumen imaging by magnetic resonance or computed tomography and facilitate surgical or percutaneous repeat coronary revascularisation^{1,2}.

Currently, three CE-marked drug-eluting BRS are available which are based on two different concepts of bioresorption: the polymeric Absorb (Abbott Vascular, Santa Clara, CA, USA) and DESolve[®] (Elixir Medical, Sunnyvale, CA, USA) scaffolds and the metal DREAMS 2G scaffold (Magmaris; Biotronik, Bülach, Switzerland).

The sirolimus-eluting absorbable metal scaffold DREAMS 2G is built on the experience gained from its predecessors, the bare absorbable metal scaffold (AMS) and the paclitaxel-eluting DREAMS 1G (Biotronik). Both devices were tested in the PROGRESS and BIOSOLVE-I studies. There was no target lesion failure (TLF) beyond 12-month follow-up and no scaffold thrombosis. In addition, in the few patients with angiographic follow-up beyond one year, angiographic parameters tended to improve. However, late lumen loss at early follow-up was unacceptable, showing that a prolonged scaffolding time was required^{3,4}. Hence, DREAMS 2G was developed with a modified magnesium backbone, allowing a longer scaffolding time due to its slower degradation. Furthermore, the drug-polymer combination was modified to sirolimus/PLLA, the same combination that is used for the biodegradable Orsiro DES (Biotronik) with excellent clinical results^{5,6}.

DREAMS 2G was first tested in the BIOSOLVE-II study with favourable 12-month outcomes⁷. However, as the true benefit of absorbable scaffolds is expected long-term, data beyond the resorption period are essential. This is even more necessary, as reports signalling very late thrombosis after implantation of the Absorb scaffold have been published recently⁸⁻¹⁰. We therefore assessed the safety and performance of DREAMS 2G in BIOSOLVE-II at 24 months. To provide additional data on a larger number of patients, we pooled the six-month results of BIOSOLVE-II with those of the BIOSOLVE-III study.

Methods

STUDY DESIGN AND POPULATION

The design of the BIOSOLVE-II study has been previously described^{7,11}. BIOSOLVE-II and BIOSOLVE-III are both prospective, multicentre studies to evaluate the safety and performance of DREAMS 2G. BIOSOLVE-II is conducted in 13 institutions in Europe, South America and Asia, and BIOSOLVE-III in eight institutions in Europe.

Both studies comply with the Declaration of Helsinki, Good Clinical Practice, ISO14155, and were approved by the institutional ethics committees. All patients provided written informed consent.

The main patient inclusion criteria were: stable or unstable angina or documented silent ischaemia, a maximum of two single *de novo* lesions in two separate coronary arteries, reference vessel diameter of 2.2-3.7 mm for device diameters of 2.5 mm to 3.5 mm, lesion length \leq 21 mm, and a diameter stenosis \geq 50% and <100%. The main exclusion criteria were: thrombus in the target vessel, severe calcification, three-vessel disease, ostial target lesions within 5 mm of the vessel origin, target lesions involving a side branch >2.0 mm, target lesion located in or supplied by an arterial or venous bypass graft, and unsuccessful predilatation. The full lists of inclusion and exclusion criteria can be accessed at ClinicalTrials.gov (NCT01960504 and NCT02716220).

Clinical follow-up was planned at one, six and 12 months, and annually thereafter up to three years. Angiographic follow-up was scheduled at six months for BIOSOLVE-II and (to allow an angiographic analysis at the end of the absorption period) at 12 months for BIOSOLVE-III. BIOSOLVE-II included additional imaging with intravascular ultrasound and optical coherence tomography (OCT); these outcomes have been reported^{7,11}.

STUDY DEVICE

DREAMS 2G has been described previously^{7,11,12}. In brief, it consists of a balloon-expandable bioresorbable metal scaffold made from a magnesium alloy, premounted on a rapid exchange delivery system. The struts are 150 μ m thick, have a width of 150 μ m, and are laser-polished, and their surface is completely coated with bioresorbable PLLA that elutes sirolimus. The scaffold was available in diameters of 2.5, 3.0, and 3.5 mm and lengths of 20 and 25 mm for BIOSOLVE-II, and diameters of 3.0 and 3.5 mm, and lengths of 15, 20 and 25 mm for BIOSOLVE-III.

ENDPOINTS

The primary endpoints were late lumen loss at six-month follow-up (BIOSOLVE-II) and procedure success (BIOSOLVE-III). Procedure success was defined as final diameter stenosis of <30% by quantitative coronary angiography without occurrence of inhospital death, Q-wave or non-Q-wave myocardial infarction or repeat revascularisation of the target lesion. Secondary endpoints were target lesion failure (TLF), a composite of cardiac death, target vessel myocardial infarction¹³, or clinically driven target lesion revascularisation (TLR), and scaffold thrombosis¹⁴. Secondary angiographic endpoints were reported previously^{7,11}. A clinical events committee adjudicated all adverse events, and angiographic data were obtained from analyses of an independent core laboratory.

PROCEDURE

DREAMS 2G was implanted after a mandatory predilatation. The size of the predilatation balloon had to be ≤ 0.5 mm smaller than the reference vessel diameter but not larger than the reference vessel; its length had to be shorter than or the same as the lesion length.

Only one study device per lesion was allowed, although in bailout situations a second DREAMS 2G could be used and, in case of failure, an Orsiro DES. Post-dilatation could be performed at the discretion of the investigator, but the maximum inner diameter of the DREAMS 2G (as indicated on the label) was not permitted to be exceeded. In addition, the post-dilatation balloon had to be shorter than the scaffold. Dual antiplatelet therapy was recommended for a minimum of six months.

STATISTICAL ANALYSIS

Data are presented using descriptive statistical methods. For continuous variables, means±standard deviations are presented. For categorical data, absolute and relative frequencies are reported. When appropriate, 95% confidence intervals were calculated. All statistical analyses were performed with SAS 9.3 (SAS Institute Inc., Cary, NC, USA).

Results

Between October 2013 and May 2015, 123 patients were enrolled in the BIOSOLVE-II study and, between March and September 2016, 61 patients in BIOSOLVE-III. In two BIOSOLVE-II patients, DREAMS 2G could not be implanted due to insufficient predilatation; these patients were only counted for procedure success but excluded from follow-up. Treatment of two lesions was performed in five patients, resulting in 189 lesions overall. Follow-up data were available for 180/182 BIOSOLVE-II and BIOSOLVE-III patients at six months (98.9%) and for 120/121 BIOSOLVE-II patients at 24 months (99.2%) (Figure 1).

Baseline characteristics are listed in **Table 1**. Patients were 65.5 ± 10.8 years old, 63.6% (117/184) were male, 79.3% (146/184) had hypertension and 25.0% (46/184) were diabetics.

Vessels were 12.5 ± 5.1 mm long with a mean reference diameter of 2.7 ± 0.4 mm. Mandatory predilatation was performed in all lesions. One to five inflations per balloon were performed (mean 1.5 ± 0.9), and in 28 lesions (14.8%) more than one predilatation balloon was needed. Predilatation balloons were 2.9 ± 0.4 mm in diameter, ranging from 2 to 4 mm, and the maximal pressure applied was 14.7 ± 4.2 atm, ranging from 4 to 26 atm. More than one scaffold was implanted in seven patients (six for dissections, one as the original scaffold was too short to cover the lesion), and post-dilatation of scaffolds was performed in 69.0%. Procedure success was achieved in 97.8% (180/184).

At baseline, stable angina was present in 75.0% (138/184) and unstable and documented silent ischaemia in 12.5% (23/184) each.



Figure 1. Study flow chart. Two patients of BIOSOLVE-II did not receive an implant and were counted for procedural success only.

At one month, 94.4% (170/180) of patients were symptom-free; the remaining patients had stable angina. At six months, 88.2% (149/169) of patients were symptom-free while 9.5% had stable angina, 1.8% unstable angina and 0.6% documented silent ischaemia. Dual antiplatelet therapy was stopped in 2.7% prior to six months and in 86% prior to 24 months.

Target lesion failure at six months occurred in six patients (3.3% [95% CI: 1.2-7.1]), consisting of two cardiac deaths (1.1%, 95% CI: 0.1-3.9]), one target vessel myocardial infarction (0.6% [95% CI: 0.0-3.0]), and three clinically driven TLR (1.7% [95% CI: 0.3-4.8%]) (Table 2). Figure 2 presents the case with TLR at day 84. Data beyond six months are available for the BIOSOLVE-II population only. Between six and 24 months, one additional cardiac death and two additional clinically driven TLR occurred, resulting in a TLF rate of 5.9% (n=7 [95% CI: 2.4-11.8]). Details of TLF events are provided in Table 3. No definite or probable scaffold thrombosis was observed. Figure 3 presents the case of a patient who already had serial imaging follow-up up to three years.

Discussion

This is the first report of DREAMS 2G with data up to two years. These data are particularly important as approximately 95% of the magnesium scaffold is expected to be absorbed within 12 months¹¹. The main findings of our series are low TLF rates at six and 24 months comparable to conventional DES, and the absence of definite or probable scaffold thrombosis.

The incidence of TLF, a composite of cardiac death, target vessel myocardial infarction or clinically driven TLR, was 3.3% at six months, which is similar to the rate of 3.3% for the DESolve BRS¹⁵. In a recent meta-analysis of more than 8,000 Absorb BRS with a mean follow-up time of six months, cardiac death occurred in 0.6%, myocardial infarction in 2.1% and TLR in 2.0% of patients¹⁶, compared to 1.1%, 0.6% and 1.7% in DREAMS 2G in our present series.

BIOSOLVE-II and I	
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Table 1. Baseline clinical and lesion characteristics.

Patients	N=184
Mean age, years	65.5±10.8
Male gender	117 (63.6)
Hypertension	146 (79.3)
Hyperlipidaemia	114 (62.0)
Diabetes	46 (25.0)
History of smoking	102 (55.4)
Previous percutaneous coronary interventions	76 (41.3)
CABG	9 (7.5)
History of myocardial infarction	42 (22.8)
Renal disease	15 (8.2)
Congestive heart failure	23 (12.5)
History of stroke or TIA	11 (6.0)
Cancer	17 (9.2)
Lesions ^a	N=189
Mean lesion length, mm, N=186	12.5±5.1 [11.8–13.3]
Mean reference vessel diameter, mm, N=186	2.7±0.4 [2.6–2.8]
Diameter stenosis,%, N=182	53.9±11.3 [52.3–55.6]
Target vessel, N=189	
Left anterior descending	78 (41.3)
Right coronary artery	64 (33.9)
Left circumflex	44 (23.3)
Ramus intermedius	3 (1.6)
AHA/ACC classification type B2/C, N=188	116 (61.7)
Moderate-to-severe calcification, N=188	29 (15.4)
	29 (15.4) 50 (26.6)
Moderate-to-severe calcification, N=188	
Moderate-to-severe calcification, N=188 Moderate to excessive vessel tortuosity, N=188	50 (26.6)

assessment. AHA/ACC: American Heart Association/American College of Cardiology; CABG: coronary artery bypass graft; TIA: transient ischaemic attack

	BIOSOLVE	BIOSOLVE-II	
	30 days	6 months	24 months
Target lesion failure	2 (1.1)	6 (3.3)	7 (5.9)
Cardiac death	1 (0.6)	2 (1.1)	2 (1.7)
TV myocardial infarction	1 (0.6)	1 (0.6)	1 (0.9)
Clinically driven TLR	0 (0.0)	3 (1.7)	4 (3.4)
Coronary artery bypass graft	0 (0.0)	0 (0.0)	0 (0.0)
Death	1 (0.6)	3 (1.7)	4 (3.3)
Myocardial infarction	1 (0.6)	1 (0.6)	1 (0.9)
Clinically driven TVR	0 (0.0)	3 (1.7)	6 (5.2)
Scaffold thrombosis Definite or probable	0 (0.0)	0 (0.0)	0 (0.0)
Data are shown as n (%). TI R: target lesion revascularisation: TV: target			

Table 2. Clinical outcomes at 30 days, 6 and 24 months.

Data are shown as n (%). TLR: target lesion revascularisation; TV: target vessel; TVR: target vessel revascularisation

At 24 months, we found a TLF rate of 5.9% in DREAMS 2G, which compares favourably with the TLF rate for DESolve (7.4%) in the DESolve Nx trial¹⁵. In the ABSORB Japan, ABSORB II, ABSORB III, and AIDA studies, 24-month TLF rates for the Absorb BRS were 7.3%, 7.0%, 11.0%, and 10.3%, respectively. In comparison, the TLF rates for the comparator, an everolimuseluting cobalt-chromium stent, were 3.8%, 3.0%, 7.9%, and 8.9% in the four aforementioned trials, respectively^{10,17-19}.

The ESC-EAPCI report on the evaluation of coronary stents reported the following average event rates for new-generation DES at nine to 12 months²⁰: cardiac death 1.0%, myocardial infarction 2.89%, TLR 2.91% and definite stent thrombosis 0.47%. The six- and even 24-month data of DREAMS 2G are comparable. In particular, the cardiac death rate was 1.1% at six months for the pooled analysis and 1.7% at 24 months for BIOSOLVE-II, while the corresponding rates of myocardial infarction were 0.6% and 0.9%, and of TLR 1.7% and 3.4%, respectively.

While, in accordance with the results in precursor metallic scaffolds³, no myocardial infarction beyond the 12-month follow-up was observed, there were two TLR beyond 12 months. The two TLR occurred on days 461 and 561 post procedure with angiographic diameter stenoses of 50% and 67% (per core laboratory); both patients were on DAPT, and the corresponding diameter stenoses at six months had been 43% and 32%.

The fact that no definite or probable scaffold thrombosis was observed is encouraging, and is in line with the absence of scaffold thrombosis for previous versions of metal absorbable scaffolds^{3,4}. Notably, DAPT was recommended for at least six months post procedure in our series while for some more recent trials with polymeric scaffolds ≥ 12 months of DAPT was recommended^{10,21}. Potential reasons for the absence of scaffold thrombosis have been discussed previously^{7,21}. In brief, no intraluminal mass was detected by optical coherence tomography in BIOSOLVE-II at six and 12 months and no malapposed struts were detected at six months, when scaffold struts were already well embedded into the vessel wall (Figure 3). With its 95% absorption at 12 months, a late acquired malapposition of our present metal scaffold is unlikely. Furthermore, the surface of the laser-polished DREAMS 2G is smooth, and strut cross-sections are rectangular with rounded edges, which may facilitate embedding into the vessel wall.

A recent study in porcine and rabbit models showed an increased endothelialisation and decreased thrombus formation for DREAMS 2G compared to Absorb. Inflammation for DREAMS 2G peaked at 90 days and decreased thereafter; at one and two years, inflammation was lower for DREAMS 2G versus an everolimus-eluting cobalt-chromium stent²². Furthermore, recent *in vitro* tests showed an improved deliverability of DREAMS 2G as compared to the Absorb BRS due to the metallic properties of DREAMS 2G, with less bending stiffness despite higher radial strength, indicating a better vessel conformability and no time-dependent recoil of DREAMS 2G in contrast to Absorb and DESolve²³.

Although the recently propagated "4P" strategy (patient selection, predilatation, proper sizing and post-dilatation) was not



Figure 2. Angiographic and OCT results of a case that required target lesion revascularisation. Angiographic images of the left circumflex (A) pre-procedure, (B) after predilatation, (C) after scaffold implantation (the circle marks the area of incomplete expansion), (D) post procedure, and (E) at 84 days post implant. (F) Post-procedure OCT image (incomplete strut apposition from 9 to 11 o'clock, 330 microns), and (G) at 84 days post implant (marked compression in the area of the original eccentric lesion with significant neointimal hyperplasia). OCT: optical coherence tomography; SB: side branch



Figure 3. Serial quantitative angiographic, intravascular ultrasound and OCT results of a patient with DREAMS 2G implantation. A) A lesion in the mid left anterior descending (type B2, length 14 mm, diameter 2.8 mm, diameter stenosis 80% by visual estimate). Predilatation was conducted with a 3.0×12 mm semi-compliant balloon. Thereafter, a DREAMS 2G scaffold (3.0×20 mm) was implanted. Post-dilatation was performed with a 3.0×12 mm semi-compliant balloon. B) Post-procedure OCT and intravascular ultrasound demonstrate a good conformability to the vessel and a metallic appearance of DREAMS 2G. C) At six months, the degradation of the scaffold is detectable, and the struts covering the side branch have disappeared. D) At 12 months, OCT shows homogeneous neointima formation. E) Preservation of the lumen without any restenosis at 36 months. FU: follow-up; M: month; OCT: optical coherence tomography

Table 3. Target lesion failure events up to 6 (BIOSOLVE-II/III) and 24 months (BIOSOLVE-II).

Event	Study	Post-procedure day	Description		
Cardiac death 1	BIOSOLVE-III	2	Hospitalisation for subacute anterior ST-elevation myocardial infarction during the index stay. In a first procedure the ostial left anterior descending artery was treated with a DES. Echocardiography showed extensive anterior akinesia. A few days later, enzymes had returned to normal and the patient received a DREAMS 2G in the right coronary artery. One day after discharge the patient was found dead. The autopsy showed no thrombosis in the coronary tree, especially not at the scaffold site. According to the clinical events committee, the patient most likely died of ventricular arrhythmia due to the previous myocardial infarction.		
Cardiac death 2	BIOSOLVE-II	134	Unwitnessed death, no autopsy available.		
Cardiac death 3	BIOSOLVE-II	395	Unwitnessed death, patient died in his sleep without preceding symptoms, no autopsy available.		
TV-MI	BIOSOLVE-II	0	Due to temporary no-reflow after scaffold implantation.		
TLR 1	BIOSOLVE-II	84	(Figure 2). RVD 3.5 mm, lesion length 15.0 mm, predilatation 3.0×15 mm scoring balloon, scaffold 3.0×20 mm, post-dilatation 3.0×15 mm NC balloon, 16 atm, and 3.5×12 mm NC balloon, 10 atm, post-procedure in-scaffold DS: 23%. Day 84: angina (on exertion), in-scaffold DS 81%, treatment with 3.5 mm DES, post-dilation with 4.0 and 4.5 mm balloon.		
TLR 2	BIOSOLVE-III	161	RVD 2.9 mm, lesion length 11.0 mm, predilatation 3.0×15 mm NC balloon, scaffold: 3.5×25 mm, no post-dilatation performed, post-procedure in-scaffold DS: 6%. Day 161: stable angina class III, DS: 55%, diagnostics excluded acute coronary syndrome, treatment with DES.		
TLR 3	BIOSOLVE-II	180	RVD 2.6 mm, lesion length 12.7 mm, predilatation 2.5×15 mm NC balloon, scaffold 3.0×20 mm, no post-dilatation, post-procedure DS: 10%. Day 180: ongoing angina, DS: 54%, treatment with 3.0×24 mm DES.		
TLR 4	BIOSOLVE-II	461	RVD 2.6 mm, lesion length 7.8 mm, predilatation 3.0×12 mm NC balloon, scaffold: 3.0×20 mm, post-dilatation 3.5×15 mm NC balloon, 24 atm, post-procedure in-scaffold DS: 18%. Day 461: angina, in-scaffold DS 50%, treatment with 3.0×24 mm DES.		
TLR 5	BIOSOLVE-II	561	RVD 2.3 mm, lesion length 12.8 mm, predilatation 2.5×15 mm semi-compliant balloon, scaffold: 3.0×20 mm, post-dilatation 3.0×12 mm NC balloon, 18 atm, post-procedure in-scaffold DS: 12%. Day 561: positive stress test and chest pain, in-scaffold DS: 67%, treatment with 2.25×32 mm DES.		
	DES: drug-eluting stent; DS: diameter stenosis; NC: non-compliant, RVD: reference vessel diameter; TLR: clinically driven target lesion				

revascularisation; TV-MI: target vessel myocardial infarction

implemented in both studies, the outcomes of BIOSOLVE-II and BIOSOLVE-III are favourable. In **Figure 2**, the case example of a restenosis shows that the development of the restenosis may be related to insufficient predilatation (panel B); during scaffold implantation, the balloon was not fully expanded at the site of the previous eccentric stenosis (panel C). Furthermore, the postprocedure angiographic image (panel D) suggests undersizing of the scaffold and insufficient post-dilation, which is also supported by the respective OCT frame that showed malapposed and non-embedded struts (panel F). Finally, during treatment of the restenosis, a 3.5 mm DES failed to gain full expansion, requiring post-dilatations with non-compliant balloons up to a nominal diameter of 4.5 mm.

Meanwhile, predilatation with a non-compliant balloon in a 1:1 balloon-to-artery ratio is recommended. Moreover, post-dilatation with a non-compliant balloon up to 0.5 mm larger than the implanted scaffold with pressures >16 atm is recommended unless an optimal implantation result is confirmed by intracoronary imaging. The current treatment recommendations are summarised in a recently published preliminary expert consensus paper for metal

scaffolds that particularly emphasises meticulous vessel preparation, precise sizing, imaging-guided implantation during the initial learning curve, and careful deployment and assessment of the scaffold¹².

Limitations

Our series has several limitations. The fact that predominantly patients with limited clinical and anatomical complexity were included restricts the study interpretation to these patient and lesion characteristics. The lack of a control arm hampers the comparison to other devices; a randomised controlled trial would be needed. Furthermore, data on more patients are required to allow a robust assessment of rare events such as scaffold thrombosis. Routine angiographic follow-up at 24 months would have been of great interest. At least, we amended the current BIOSOLVE-II study protocol to obtain angiographic follow-up data at three years.

Conclusions

The present analysis provides additional evidence on the safety of DREAMS 2G (Magmaris; Biotronik) in a population with predominantly non-complex lesions. Clinical outcomes are favourable with low TLF rates up to two years. The absence of definite or probable scaffold thrombosis is promising, but requires confirmation in larger patient cohorts.

Impact on daily practice

The DREAMS 2G metal BRS has obtained CE approval in June 2016 with the commercial name Magmaris. Our data add further confirmation of the safety and performance of this novel scaffold: in particular (with the limitation of only 182 patients implanted), no definite or probable scaffold thrombosis was observed. Utmost care should be taken with respect to patient selection, device sizing, sufficient lesion preparation and post-dilatation to ensure good clinical outcomes with this novel technology.

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Conflict of interest statement

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