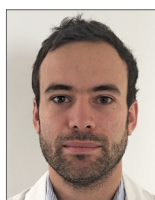


Propensity-matched comparison of clinical outcomes after transaortic versus transfemoral aortic valve replacement



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KEYWORDS

- aortic stenosis
- femoral
- TAVI
- transaortic

Abstract

Aims: We aimed to compare the long-term outcomes of transaortic (TAo-AVR) and transfemoral (TF-AVR) transcatheter aortic valve replacement.

Methods and results: Between January 2012 and December 2015, consecutive TAo-AVR and TF-AVR cases were compared using a propensity score-matching analysis. Primary endpoints were 30-day and one-year mortality; 644 TAVR patients were included (163 TAo-AVR and 481 TF-AVR). Peripheral artery disease (31.9% vs. 5%, $p < 0.001$) and coronary artery disease (50.0% vs. 39.3%, $p = 0.009$) were more frequent in TAo-AVR patients. The Society of Thoracic Surgeons scores were not different (6.9% vs. 6.5%, $p = 0.243$). Propensity matching identified 124 well-matched patient pairs. Thirty-day and one-year mortality rates were similar in the overall population of TAo-AVR and TF-AVR patients (7.3% vs 7.6%, $p = 0.8$ and 18.4% vs. 15.8%, $p = 0.6$, respectively), and in the matched cohort (7.3% vs. 6.5%, $p = 0.8$ and 15.3% vs. 16.1%, $p = 0.8$, respectively). Transaortic access was associated with higher risk of new onset of atrial fibrillation (NOAF) (24.4% vs. 9.6%, $p = 0.012$), life-threatening bleedings (6.5% vs. 0.8%, $p = 0.036$) and transfusion (41% vs. 16.7%, $p < 0.001$).

Conclusions: No significant differences were observed between the respective 30-day and one-year mortality rates of TAo-AVR and TF-AVR patients. The transaortic approach thus constitutes a valid alternative to TF-AVR, but is associated with higher rates of NOAF, bleedings, and transfusion.

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Abbreviations

AA	aortic aneurysm
AF	atrial fibrillation
AKI	acute kidney injury
BAV	balloon aortic valvuloplasty
BMI	body mass index
CAD	coronary artery disease
eGFR	estimated glomerular filtration rate
EuroSCORE	European System for Cardiac Operative Risk Evaluation
LVEF	left ventricular ejection fraction
LOS	length of stay
MI	myocardial infarction
NOAF	new-onset atrial fibrillation
NYHA	New York Heart Association
PAD	peripheral artery disease
STS	Society of Thoracic Surgeons
TAo-AVR	transaortic transcatheter aortic valve replacement
TF-AVR	transfemoral transcatheter aortic valve replacement
TIA	transient ischaemic attack

Introduction

Since its first use in man in 2002, transcatheter aortic valve replacement (TAVR) has been widely adopted as a treatment of aortic stenosis for patients at high and intermediate surgical risk. It is currently being studied in a low-risk population. Smaller sheath delivery systems now allow transfemoral transcatheter aortic valve replacement (TF-AVR) to be performed in the vast majority of cases. Thus, transfemoral access has been adopted as the first-line approach for TAVR in many centres. However, TF access is still considered unsafe in a small proportion of patients, especially those with small, severely calcified or tortuous arteries. Therefore, an alternative access route has to be selected for this population^{1,2}. Historically, the most commonly performed alternative approach is transapical (TAo-AVR), associated with specific issues such as myocardial damage, bleeding or respiratory complications, and resulting in an excess risk of mortality compared with TF access³. The safety and feasibility of the transaortic approach as an alternative route has been demonstrated in several retrospective studies with good short-term outcomes and also in the multicentre and multinational ROUTE registry⁴⁻⁸. Limited data are available regarding direct comparison between TF-AVR and TAo-AVR in high-volume centres⁷. The aim of the present study was to compare the long-term outcomes of TAo-AVR versus TF-AVR. We sought to identify differences in preprocedural characteristics in order to formulate a propensity score that would include confounding factors.

Methods

STUDY DESIGN

All patients treated consecutively with TAVR from 2008 were prospectively included in our database. In order to draw a contemporary comparison of transaortic and transfemoral outcomes, we reviewed patients with symptomatic severe aortic stenosis from January 2012

to December 2015 treated with TAo-AVR and TF-AVR, performed using either Edwards balloon-expandable (SAPIEN, SAPIEN XT; Edwards Lifesciences, Irvine, CA, USA) or Medtronic self-expanding (CoreValve®, Evolut™ R; Medtronic, Minneapolis, MN, USA) prostheses. The allocation strategy for TAo-AVR versus TF-AVR and valve selection were at the discretion of our local Heart Team, according to general and anatomical considerations. Written informed consent was obtained from all patients.

PROCEDURAL DETAILS

The technical aspects of the TF approach have been largely described in previous reports⁹. A large majority of TF-AVR cases were performed without general anaesthesia, under conscious sedation. Closure of the femoral artery was performed using the Perclose ProGlide® closure device (Abbott Vascular, Santa Clara, CA, USA). The TAo approach was performed as previously described, using a short J-shaped manubriotomy down to the second intercostal space⁵. Reverse T-shaped manubriotomy was used in case of prior sternotomy. Direct aortic access was replaced by innominate artery access in May 2013. Aspirin was recommended prior to TAVR. The combined use of dual antiplatelet therapy with clopidogrel was systematic for patients with recent percutaneous coronary intervention (PCI), and was left to the discretion of the Heart Team for other patients. A bolus of heparin was administered at the beginning of the procedure to achieve an activated clotting time of 250 to 300 s. Protamine injection at the end of the procedure was routinely used in both accesses. Embolic protection devices were not used during the study period.

ENDPOINTS

Primary endpoints were 30-day and one-year mortality. Secondary endpoints were 30-day and one-year complication rates, according to the Valve Academic Research Consortium-2 definitions¹⁰.

STATISTICAL ANALYSIS

Qualitative data are presented as numbers and percentages and quantitative data as means±standard deviation or as median and interquartile range. Comparisons between the TAo-AVR and TF-AVR groups were performed using χ^2 or Fisher's exact tests for categorical data and Student's t-tests or the Mann-Whitney non-parametric test (when skewed) for continuous data. For all-cause mortality, Kaplan-Meier survival analyses were used, and the TF-AVR and TAo-AVR groups were compared using log-rank tests. Results were considered as statistically significant when the p-value was less than 0.05. All data handling and analyses were performed using Stata Statistical Software, Stata SE version 10 (StataCorp LP, College Station, TX, USA).

Propensity score matching was used to assess the relationships between access site and outcomes, regardless of baseline differences between TAo-AVR and TF-AVR patients. Preprocedural variables independently associated with transaortic access route selection were identified using stepwise forward logistic regression. The logistic equation obtained from the final model enabled the calculation of the

probability of being allocated to the TAO-AVR group. The propensity score matching was performed in a 1:1 ratio, based on the probability of a random assignment to the TAO-AVR group, using the 1-nearest neighbour method: TAO-AVR cases with propensity scores that deviated >0.10 from the nearest neighbour were considered unmatched.

Results

A total of 644 patients underwent TAVR, performed with either Edwards balloon-expandable or Medtronic self-expanding prostheses during the study period: 163 of them were treated with the TAO approach (25.3%), and 481 were treated with the TF approach (74.7%). Within the same period, 20 patients were treated via the transapical approach, and 17 via the subclavian approach; these patients were not included in the final analysis. Preprocedural variables independently associated with the transaortic access route selection are summarised in **Table 1**. Among the 163 TAO-AVR patients initially included, 124 were propensity score matched in a 1:1

Table 1. Preprocedural variables associated with TAO-AVR versus TF-AVR.

	OR	95% CI	p-value
Higher likelihood of TAO-AVR			
PAD	9.02	(5.12-15.89)	<0.001
Aortic aneurysm	26.38	(7.98-87.21)	<0.001
Carotid stenosis	1.80	(1.01-3.19)	0.044
Female gender	1.80	(1.17-2.76)	0.008
Lower likelihood of TAO-AVR			
NYHA Class IV	0.29	(0.12-0.70)	0.006
Age (years)	0.96	(0.93-0.99)	0.015
NYHA: New York Heart Association; PAD: peripheral artery disease; TAO-AVR: transaortic transcatheter aortic valve replacement; TF-AVR: transfemoral transcatheter aortic valve replacement			

ratio with TF-AVR patients (76% of the potential matches), resulting in similar baseline characteristics between the groups (**Table 2**).

Table 2. Baseline clinical characteristics in the overall population and after propensity-score analysis.

	Overall			Propensity matched			
	TAO-AVR (n=163) n (%)	TF-AVR (n=481) n (%)	p-value	TAO-AVR (n=124) n (%)	TF-AVR (n=124) n	p-value	
Female	94 (57.7)	266 (55.3)	0.599	77 (62.1)	82 (66.1)	0.508	
Age	83.8±6.6	85±6.1	0.031	84.1±6.4	83.9±6.2	0.848	
BMI	26.2±5.9	26±5.2	0.664	26.3±6.0	25.8±5.2	0.485	
History of diabetes	47 (28.8)	123 (25.6)	0.414	38 (30.6)	32 (25.8)	0.397	
History of hypertension	119 (73.0)	329 (68.4)	0.269	92 (74.2)	91 (73.4)	0.885	
History of dyslipidaemia	83 (50.9)	182 (37.9)	0.004	59 (47.6)	52 (41.9)	0.371	
Current smoker	13 (8.0)	12 (2.5)	0.002	9 (7.3)	5 (4.0)	0.271	
Pulmonary disease	55 (33.7)	136 (28.3)	0.187	42 (33.9)	34 (27.4)	0.271	
Prior CAD	83 (50.9)	189 (39.3)	0.009	61 (49.2)	53 (42.7)	0.308	
Porcelain aorta	2 (1.2)	6 (1.2)	0.671	1 (0.8)	0 (0)	1.000	
Prior BAV	63 (38.7)	214 (44.5)	0.193	46 (37.1)	59 (47.6)	0.095	
Prior sternotomy	13 (8.0)	41 (8.5)	0.827	7 (5.6)	15 (12.1)	0.074	
Prior stroke/TIA	21 (12.9)	51 (10.6)	0.425	16 (12.9)	16 (12.9)	1.000	
Prior PAD	52 (31.9)	24 (5.0)	<0.001	23 (18.5)	23 (18.5)	1.000	
Carotid stenosis	35 (21.5)	45 (9.4)	<0.001	17 (13.7)	18 (14.5)	0.855	
Prior AA	19 (11.7)	4 (0.8)	<0.001	4 (3.2)	4 (3.2)	1.000	
Prior pacemaker	23 (14.1)	70 (14.6)	0.89	16 (12.9)	15 (12.1)	0.848	
Atrial fibrillation	51 (31.7)	174 (36.9)	0.235	42 (34.4)	41 (33.6)	0.893	
Cirrhosis	1 (0.6)	13 (2.7)	0.209	1 (0.8)	3 (2.4)	0.313	
eGFR <60 mL/min	102 (63.8)	276 (58.7)	0.262	78 (64.5)	69 (56.1)	0.182	
Renal transplantation	4 (2.5)	2 (0.4)	0.039	2 (1.6)	0 (0)	0.498	
Logistic EuroSCORE (%)	18.8±10.3	17.3±9.3	0.0735	17.8±10.3	19±11.3	0.401	
STS score (%)	6.9±3.6	6.5±3.6	0.243	6.9±3.6	6.5±3.6	0.502	
NYHA Class III/IV	117 (71.8)	356 (74.0)	0.577	89 (71.8)	93 (75)	0.565	
LVEF (%)	53.5±14.6	52.6±13.8	0.504	53±14.9	50.8±13.6	0.232	
Preprocedural treatments	Aspirin	138 (84.7)	394 (81.9)	0.423	102 (82.3)	98 (79.0)	0.520
	Clopidogrel	53 (32.5)	145 (30.1)	0.571	42 (33.9)	41 (33.1)	0.893
	Oral anticoagulant	41 (25.2)	151 (31.4)	0.132	34 (27.4)	41 (33.1)	0.333
AA: aortic aneurysm; BAV: balloon aortic valvuloplasty; BMI: body mass index; CAD: coronary artery disease; eGFR: estimated glomerular filtration rate; EuroSCORE: European System for Cardiac Operative Risk Evaluation; LVEF: left ventricular ejection fraction; NYHA: New York Heart Association; PAD: peripheral artery disease; STS score: Society of Thoracic Surgeons risk score; TAO-AVR: transaortic transcatheter aortic valve replacement; TF-AVR: transfemoral transcatheter aortic valve replacement; TIA: transient ischaemic attack							

BASELINE CLINICAL CHARACTERISTICS

The main characteristics of the two groups, in the overall population and in the matched cohort, are summarised in **Table 2**. In the overall population, patients who underwent TAO were slightly younger (83.8 vs. 85.0 years, $p=0.031$), but more prone to vasculopathy such as peripheral artery disease (PAD) (31.9% vs. 5.0%, $p<0.001$), coronary artery disease (50.9% vs. 39.3%, $p=0.009$), carotid stenosis (21.5% vs. 9.4%, $p<0.001$) and aortic aneurysm (11.7% vs. 0.8%, $p<0.001$). STS scores were not statistically different between the groups (6.9% in the TAO-AVR group vs. 6.5% in the TF-AVR group, $p=0.2$). Baseline echocardiographic data were similar in both groups. Approximately one third of patients were treated with a dual antiplatelet therapy before the procedure, with no significant differences between the groups.

PROCEDURAL CHARACTERISTICS

The main procedural and post-procedural outcomes are summarised in **Table 3**. Balloon-expandable and self-expanding prostheses were used in similar proportions in both groups, with a predominance of balloon-expandable prostheses in the overall population. Procedural time was shorter in the TAO-AVR group (49.7 vs. 56.8 min, $p<0.001$). Contrast agent (120.8±50.9 vs. 164.4±56.7 mL, $p<0.001$) and radiation (30 [21-46] vs. 50 [31.5-71] Gy·cm², $p<0.001$) were reduced in the TAO-AVR group. Balloon aortic valvuloplasty prior to aortic valve implantation was performed in 58% of TAO-AVR patients and in 65% of TF-AVR patients ($p=0.142$). The rate of balloon post-dilatation and the

frequency of need for a second valve were similar. Only 19% of the TF-AVR procedures were performed under general anaesthesia. The rate of procedural coronary occlusion was numerically higher in the TAO-AVR group, without reaching statistical significance (1.8% vs. 0.2%, $p=0.057$). Procedural success was similar between the groups (96% vs. 95%, $p=0.8$). No differences were observed regarding paravalvular leak at the end of the procedure (PVL ≥grade II: 8.4% vs. 8.6%, $p=0.93$). Importantly, post-procedural length of stay was significantly shorter in the TF-AVR group (6.9±4.7 vs. 8.8±3.4 days, $p<0.001$).

MORTALITY AND CARDIOVASCULAR EVENTS

Short- and long-term clinical outcomes are summarised in **Table 4**. The thirty-day mortality rates of TAO-AVR and TF-AVR patients were not different in the overall population, or after propensity-score analysis (7.3% vs. 7.6%, $p=0.8$ and 7.3% vs. 6.5%, $p=0.8$, respectively). Although non-significant, the one-year mortality rate in the overall population tended to be higher in the TAO-AVR group (18.4% vs. 15.8%, $p=0.6$), while one-year mortality rates following propensity-score analysis were similar (15.3% vs. 16.1%, $p=0.8$) (**Figure 1, Table 4**).

In the matched cohort, transaortic access was associated with a higher risk of new-onset atrial fibrillation (NOAF) (24.4% vs. 9.6%, $p=0.012$), life-threatening bleedings (6.5% vs. 0.8%, $p=0.036$) and transfusion (41% vs. 16.7%, $p<0.001$).

The occurrence of acute kidney injury (3.7% vs. 1.7%, $p=0.3$), 30-day pacemaker implantation (9.3% vs. 9.2%, $p=0.9$), and major or minor vascular complications (5.7% vs. 7.3%, $p=0.6$) was

Table 3. Procedural characteristics and outcomes in the overall population and after propensity-score analysis.

	Overall			Propensity matched		
	TAO-AVR (n=163) n (%)	TF-AVR (n=481) n (%)	p-value	TAO-AVR (n=124) n (%)	TF-AVR (n=124) n (%)	p-value
Procedure time, min	49.7±17.7 (n=122)	56.8±20.9 (n=352)	<0.001	50.9±18.8 (n=96)	54.6±16.8 (n=91)	0.155
Contrast agent used, mL	120.8±50.9 (n=142)	164.4±56.7 (n=394)	<0.001	122.5±50.8 (n=111)	154.9±46.8 (n=101)	<0.001
Fluoroscopy, Gy·cm ²	30 (21-46) (n=129)	50 (31.5-71) (n=360)	<0.001	29 (21-46) (n=101)	46 (31-68) (n=89)	<0.001
BAV	84/144 (58)	300/461 (65)	0.142	63/108 (58)	73/120 (61)	0.701
Balloon post-dilatation	16/161 (10)	53/477 (11)	0.679	13/123 (11)	07/123 (6)	0.162
Second valve used	1/162 (0.6)	11/479 (2.3)	0.312	1/124 (0.8)	1/124 (0.8)	1.000
Coronary occlusion	3/163 (1.8)	1/478 (0.2)	0.053	2/124 (1.6)	0/124 (0)	0.498
Final PVL ≥grade II	13/154 (8.4)	40/462 (8.7)	0.93	11/118 (9.3)	9/121 (7.4)	0.600
Procedural success	154/161 (96)	454/477 (95)	0.806	117/123 (95)	122/124 (98)	0.172
General anaesthesia	163/163 (100)	93/479 (19)	<0.001	124/124 (100)	19/124 (15)	<0.001
Post-procedural LOS	8.8±3.4 (n=69)	6.9±4.7 (n=327)	0.003	9.1±3.6 (n=57)	6.4±1.8 (n=83)	<0.001
Valve	Balloon-expandable	94 (58)	0.567	71 (57)	73 (59)	0.797
	Self-expanding	69 (42)		53 (43)	51 (41)	
Transaortic approach*	Direct aortic access	44 (27)		36 (29)		
	Innominate access	119 (73)		88 (71)		

*Transaortic approach: innominate access was performed in 73% of the overall cohort and 71% of the propensity-matched cohort, $p=0.296$. BAV: balloon aortic valvuloplasty; LOS: length of stay; PVL: paravalvular leak; TAO-AVR: transaortic transcatheter aortic valve replacement; TF-AVR: transfemoral transcatheter aortic valve replacement

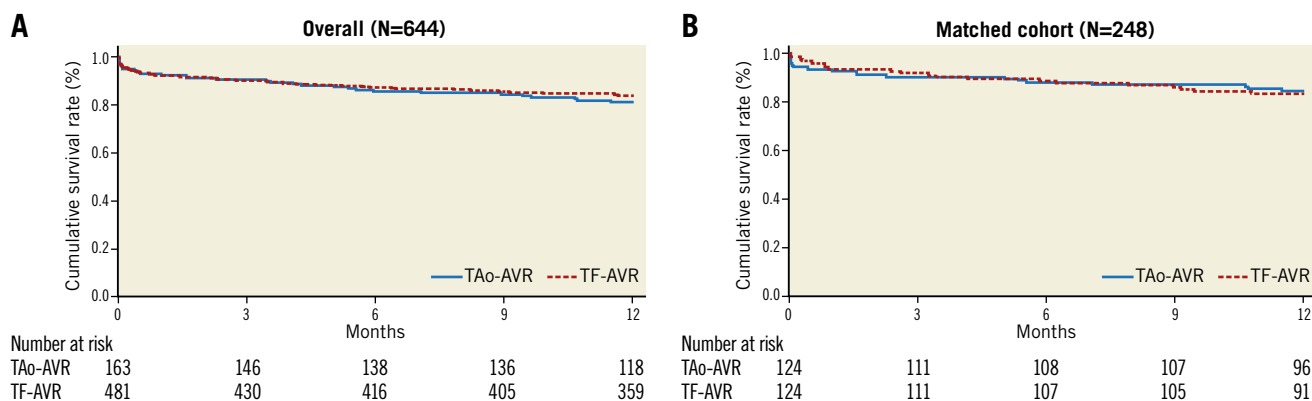


Figure 1. Kaplan-Meier survival curves obtained from a stratified approach in the overall population and in the matched cohort. A) Overall population. B) Matched cohort. Survival rates were calculated using Kaplan-Meier methods and compared using the log-rank test. Although non-significant, the one-year mortality rate in the overall population tended to be higher in the transaortic (TAo-AVR) group (log-rank $p=0.461$). One-year mortality rates were comparable between the TAo-AVR and transfemoral (TF-AVR) groups (log-rank $p=0.866$) following propensity-score analysis.

comparable between the groups. No differences were observed for one-year myocardial infarction rates (4.8% vs. 2.4%, $p=0.3$). Thirty-day and one-year stroke occurrence was numerically lower

in the TAo-AVR group but did not reach statistical significance (2.4% vs. 4%, $p=0.7$ and 3.2% vs. 7.3%, $p=0.2$, respectively) (Figure 2).

Table 4. Endpoints in the overall population and after propensity-score analysis.

	Overall			Propensity matched		
	TAo-AVR (n=163) n (%)	TF-AVR (n=481) n (%)	p-value	TAo-AVR (n=124) n (%)	TF-AVR (n=124) n (%)	p-value
Mortality						
Immediate mortality	8 (4.9)	21 (4.4)	0.773	7 (5.7)	2 (1.6)	0.090
30-day mortality	12 (7.4)	37 (7.7)	0.891	9 (7.3)	8 (6.5)	0.802
1-year mortality	30 (18.4)	76 (15.8)	0.438	19 (15.3)	20 (16.1)	0.862
Periprocedural events						
30-day stroke or TIA	3 (1.8)	19 (4)	0.200	3 (2.4)	5 (4)	0.720
Periprocedural MI	4 (2.5)	7 (1.5)	0.395	3 (2.4)	2 (1.6)	0.651
30-day major or minor vascular complications	10 (6.1)	52 (10.8)	0.080	7 (5.7)	9 (7.3)	0.605
Major vascular complications	7 (4.3)	25 (5.2)	0.647	6 (4.8)	3 (2.4)	0.500
Minor vascular complications	4 (2.5)	28 (5.8)	0.087	1 (0.8)	6 (4.8)	0.120
30-day permanent pacemaker implantation*	12 (8.6)	49 (11.9)	0.275	10 (9.3)	10 (9.2)	0.983
New onset of atrial fibrillation**	25 (22.3)	25 (8.1)	<0.001	20 (24.4)	8 (9.6)	0.012
AKI 2/3	4 (2.8)	22 (4.9)	0.292	4 (3.7)	2 (1.7)	0.348
30-day major or life-threatening bleeding	17 (10.4)	31 (6.4)	0.094	12 (9.7)	3 (2.4)	0.017
Life-threatening bleeding	12 (7.4)	16 (3.3)	0.029	8 (6.5)	1 (0.8)	0.036
Major bleeding	5 (3.1)	15 (3.1)	0.974	4 (3.2)	2 (1.6)	0.684
Transfusion	70 (43.5)	111 (23.4)	<0.001	50 (41.0)	20 (16.7)	<0.001
1-year outcomes						
1-year MI	8 (4.9)	11 (2.3)	0.087	6 (4.8)	3 (2.4)	0.308
1-year spontaneous MI	4 (2.5)	4 (0.8)	0.106	3 (2.4)	1 (0.8)	0.313
1-year stroke or TIA	8 (4.9)	27 (5.6)	0.731	4 (3.2)	9 (7.3)	0.154

* Patients with previous pacemaker were excluded from the analysis. ** Patients with previous atrial fibrillation were excluded from the analysis.
AKI: acute kidney injury; MI: myocardial infarction; TAo-AVR: transaortic transcatheter aortic valve replacement; TF-AVR: transfemoral transcatheter aortic valve replacement; TIA: transient ischaemic attack

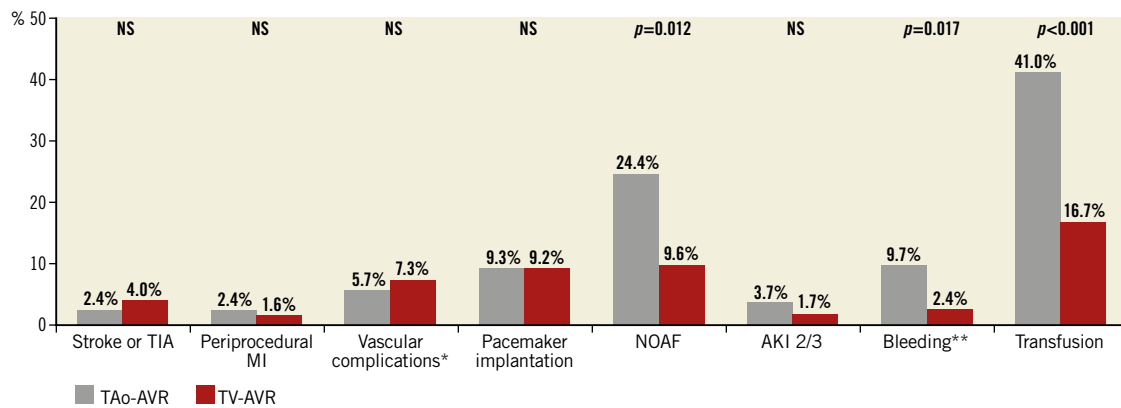


Figure 2. Periprocedural events according to vascular access in the propensity-matched population. *Vascular complications: 30-day major or minor vascular complications. **Bleeding: 30-day major or life-threatening bleeding. AKI: acute kidney injury; MI: myocardial infarction; TAO-AVR: transaortic transcatheter aortic valve replacement; TF-AVR: transfemoral transcatheter aortic valve replacement; TIA: transient ischaemic attack

Discussion

We report herein the first propensity-matched comparison of long-term outcomes between TAO-AVR and TF-AVR in a high-volume centre. We observed differences in baseline characteristics between the two groups, with a “vascular” pattern of patients from the TAO group that could be responsible for bias in estimating outcomes. After propensity-score analysis, no significant differences were found regarding 30-day and one-year mortality between TAO-AVR and TF-AVR.

The development of smaller sheath delivery systems has led to a decrease in the proportion of non-transfemoral procedures. The results of the FRANCE TAVI registry showed that an alternative access route was still used in 17% of TAVR patients between 2013 and 2015¹¹. In our centre, transaortic access was selected as the first alternative access route, representing approximately one fourth of TAVR cases. A recent Society of Thoracic Surgeons/American College of Cardiology TVT Registry experience showed that transapical and transaortic approaches are employed almost equally in the USA¹. In a significant proportion of patients with unsafe transfemoral access, the question of the best alternative access route remains under debate.

TAO access offers several advantages over other alternative routes, such as a high feasibility, with direct and stable access to the aortic valve. Furthermore, in case of haemodynamic collapse during the procedure, TAO access enables rapid conversion to full sternotomy and rapid control of major complications such as ventricular perforation. The upper ministernotomy incision required for TAO-AVR is typically well tolerated with less postoperative pain and fewer effects on respiratory function than a left lateral thoracotomy. Transaortic access provides a direct control of valve positioning during deployment. Axial alignment in the aortic annulus might be challenging with self-expanding prostheses. In the present study, we did not find differences regarding procedural success, paravalvular leak and mortality between balloon-expandable and self-expanding prostheses in TAO-AVR patients (data not shown).

Arai et al recently published similar results in a direct comparison between TF-AVR (n=467) and TAO-AVR (n=289). The 30-day mortality and one-year survival rates were similar among TF-AVR and TAO-AVR patients, with a trend in favour of the TF approach⁷. This trend was also observed in our overall population for the one-year survival rate, but it disappeared after propensity-score analysis, indicating that it was probably related to baseline differences between the two populations.

Interestingly, these long-term results obtained with the TAO approach were observed despite a significant proportion of patients with prior sternotomy (8% in the TAO-AVR group). Internal mammary artery injury is a dramatic event that may occur during manubriotomy. The feasibility of the manubriotomy in the context of TAO-AVR was confirmed on preprocedural CT scan data. Similarly, a hostile ascending aorta has been suggested as a strong contraindication for TAO-AVR because of the excessive stroke risk from atheroembolism. The presence of a calcification-free zone on the diseased aorta or innominate artery puncture could contribute to a decrease in thrombotic events.

Other alternative access sites have been developed with good short-term results such as the transcarotid, trans-subclavian or, more recently, the transcaval route. If subclavian access has recently been shown to have similar one-year outcomes using a self-expanding prosthesis in comparison with the transfemoral approach¹², further scientific data are needed to determine the ideal alternative access strategy. Finally, there is a large heterogeneity of practices among the different TAVR centres when facing a patient with challenging iliofemoral anatomy. Making treatment decisions, or the choice of an alternative access route, is highly variable and depends on several factors such as local TAVR experience, or the habits of the surgical teams involved in the TAVR programme.

These data show that TAO-AVR and TF-AVR have similar long-term outcomes. This highlights the safety and interest of the transaortic approach as an alternative access for TAVR in patients

with severe PAD or challenging iliofemoral anatomies. However, this also outlines a number of advantages of performing TF-AVR rather than TAo-AVR, especially less NOAF, bleedings, transfusion, and reduced length of hospital stay.

Several studies have suggested a relation between NOAF and an excess risk of stroke and mortality following TAVR¹³. Despite higher NOAF, there was a non-significant trend towards a lower one-year stroke risk in the TAo-AVR group (3.2% vs. 7.3%, $p=0.154$). This could be explained by the procedural advantages of the TAo procedure, in particular because it avoids crossing the aortic arch, or the possible “postoperative AF” type of NOAF following TAo-AVR, with potentially less recurrence and fewer thromboembolic consequences. Although these are only hypothetical explanations, they are supported by low stroke rates in other TAo-AVR studies (one-month stroke risk of 1.6% in the ROUTE registry⁸, and 0.9% in the meta-analysis of Dunne et al¹⁴). Further studies are needed to confirm this possible lower intrinsic stroke risk in TAo procedures.

Based on our results, we suggest that the TF access should remain the first access route to be considered when planning TAVR. However, when facing a difficult iliofemoral anatomy, Heart Teams should consider these comparable long-term outcomes following TAo-AVR in order to determine the best access site for their patients¹⁵.

Study limitations

This retrospective, observational study was conducted at a single centre. Some degree of observation bias cannot be ruled out despite the extra care taken in data collection and VARC-2 endpoint definitions. Other important factors related to access decision or outcomes, such as frailty, were not included. Finally, the particular reason that led to the decision for the patient to undergo TF-AVR or TAo-AVR was not mentioned, and a comparison with other alternative accesses was not possible due to the low number of procedures in our centre.

Conclusions

TAo-AVR and TF-AVR show similar long-term outcomes after investigation of the differences between the two populations. The TAo approach can be considered as a valid alternative access route in patients referred to TAVR. TAo-AVR is associated with higher NOAF, bleeding, transfusion and prolonged length of hospital stay.

Impact on daily practice

The TF approach is the preferred access route for TAVR, but an alternative route is required in patients with challenging anatomies. After accounting for baseline differences, patients treated with TAo-AVR have similar long-term outcomes compared with TF-AVR patients. Transaortic access is associated with an excess risk of new-onset atrial fibrillation, bleedings, transfusion and prolonged length of hospital stay.

Conflict of interest statement

B. Marcheix reports personal fees from Edwards Lifesciences and Medtronic, outside the submitted work. T. Lhermusier reports personal fees from Edwards Lifesciences, Medtronic, and Abbott Vascular, outside the submitted work. The other authors have no conflicts of interest to declare.

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