# Long-term clinical outcomes of percutaneous coronary intervention for ostial left main coronary artery disease

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### **KEYWORDS**

#### • left main

- prior percutaneous
- intervention
- stable angina

# Abstract

**Background:** There are limited data regarding the long-term prognosis of percutaneous coronary intervention treatment for left main (LM) ostial stenosis.

**Aims:** The present study sought to investigate the long-term clinical outcomes and risk factors for adverse events in LM ostial lesions following drug-eluting stent implantation (DES) in a large cohort of an LM registry database.

**Methods:** Patients presenting with LM coronary disease from January 2004 to December 2016 at Fuwai Hospital were included. The primary endpoint was target vessel failure (TVF), a composite endpoint of cardiac death, target vessel myocardial infarction and target vessel revascularisation. Cox proportional hazards models were constructed to identify independent predictors.

**Results:** Among 4,625 LM patients, 627 (13.6%) patients were identified with LM ostial lesions. There were more female patients in the ostial group (31.3%), compared with the shaft (18.1%) and bifurcation groups (19.9%) (p<0.0001). Among patients with DES implantation, 3-year TVF occurred in 44 patients (7.5%) in the ostial group, which is comparable with the other two groups. Myocardial infarction (MI) was significantly lower in the ostial group (2.0%) compared with the bifurcation group (4.2%) (p=0.02), especially for MI events originating in the LM vessel (p=0.02). For patients with ostial LM disease who received percutaneous coronary intervention (PCI) treatment, procedural complications were an independent risk factor for long-term cardiac death or MI, while a more recent PCI proved to be a protective factor. **Conclusions:** PCI treatment for ostial LM lesions achieved favourable long-term outcomes, with a similar MI risk compared with the mid-shaft group but a significantly lower risk of MI compared with the distal group.

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# PCI for ostial LM lesion

# Abbreviations

- CIconfidence intervalLMleft mainMImyocardial infarctionPCIpercutaneous coronary interventionSYNTAXSynergy Between Percutaneous Coronary Intervention
- With Taxus and Cardiac Surgery
- **TLR** target lesion revascularisation
- **TVR** target vessel revascularisation

# Introduction

Due to advances in interventional cardiology, percutaneous coronary intervention (PCI) treatment for patients with unprotected left main (LM) coronary artery (ULMCA) diseases has achieved safety outcomes that are equivalent to those of coronary artery bypass grafting<sup>1,2</sup>. According to evidence from randomised trials and metaanalyses<sup>3-5</sup>, PCI is recommended as an appropriate alternative to bypass grafting for LM lesions with low-to-intermediate anatomical complexity (Synergy Between Percutaneous Coronary Intervention With Taxus and Cardiac Surgery [SYNTAX] score  $\leq$ 32) in recent guidelines<sup>6</sup>. Previous studies have shown that among the three sites of LM disease (ostial, mid-shaft, distal bifurcation), PCI treatment for lesions not involving distal LM stenosis had better outcomes<sup>7-10</sup>. However, in those studies, investigators usually focused on distal bifurcation lesions, and LM ostial lesions were grouped into the non-bifurcation group instead of being reported separately. There are limited data that focus on LM ostial lesions, which are also believed to be associated with recurrent myocardial infarction (MI) or sudden death following PCI treatment<sup>11</sup>. The aim of the present study was to evaluate the long-term prognosis of PCI treatment for LM ostial lesions compared with mid-shaft or distal LM bifurcation lesions in a large cohort of an LM registry database.

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# Methods STUDY POPULATION

A total of 4,625 patients presenting with unprotected LM disease who underwent PCI at Fuwai Hospital between January 2004 and December 2016 were consecutively enrolled in the LM registry database<sup>12</sup>. Unprotected LM disease was defined as documented myocardial ischaemia with ≥50% left main stenosis and no prior surgical revascularisation or no patent bypass graft to the left anterior descending (LAD) or left circumflex (LCx) arteries. Patient demographics, lesion characteristics and procedural information were prospectively recorded in a dedicated database. Patients were divided into 3 groups according to the location of the LM lesion. LM ostial lesions were defined as lesions located within 3 mm of the ostium with diameter stenosis over 50%. LM bifurcations were defined as >50% narrowing of the coronary artery occurring in the distal LM body and/or involving the origin of a significant LAD or LCx artery. Lesions causing >50% narrowing in both the LAD and LCx coronary arteries, in addition to the left main, were defined as true LM bifurcation lesions and classified according to

the Medina classification as type 0,1,1. Patients were assigned to the bifurcation group if they had lesions that involved an LM bifurcation. Patients with both a bifurcation and other types of lesions were also put into the LM bifurcation group. Patients with both ostial and mid-shaft lesions were put into the ostial group. Additionally, baseline and residual SYNTAX scores were retrospectively assessed using standard quantitative coronary analysis methodology by an independent core laboratory (Interventional Cardiovascular Imaging Core Laboratory, National Centre for Cardiovascular Diseases, Beijing, People's Republic of China). The detailed protocol of the LM registry is listed in **Supplementary Appendix 1**.

Clinical follow-up via office visit or telephone contact at 1 month, 1 year, and annually thereafter up to 3 years was performed by research staff members in an independent office at Fuwai Hospital. All adverse clinical events were evaluated and adjudicated by an independent physician group which was not involved in the index PCI procedures. The study was approved by the Institutional Review Board of Fuwai Hospital. All eligible patients provided electronic informed consent by telephone interview or clinical visit during follow-up.

#### PROCEDURES

Coronary angioplasty and PCI procedures were performed with standard interventional techniques. Stent implantation, predilation, post-dilation or intravascular imaging utilisation were left to the discretion of the operators based on their clinical experience. Procedural complications including dissection, perforation, slow flow, no reflow, and side branch occlusion were adjudicated by operators and prospectively recorded in a dedicated database. All patients undergoing PCI were prescribed aspirin (loading dose 300 mg) plus clopidogrel (loading dose 300 mg) before the coronary intervention unless they had previously received regular antiplatelet medications (100 mg aspirin and 75 mg clopidogrel once daily for at least 6 days). After PCI, patients were maintained on aspirin (100 mg once daily) indefinitely and clopidogrel (75 mg once daily) for at least 1 year following PCI treatment; any changes to adjunctive pharmacotherapy were at the operator's discretion.

#### ENDPOINTS AND DEFINITIONS

The primary endpoint of the present study was target vessel failure, which is a composite endpoint of cardiac death, target vessel MI and target vessel revascularisation (TVR). Secondary endpoints included individual components of the composite outcome, all-cause death, all MI, any revascularisation, target lesion revascularisation (TLR) and stent thrombosis as defined according to definite or probable Academic Research Consortium criteria<sup>13</sup>. Periprocedural MI was defined as creatine kinase concentration >2 times the upper limit of normal. Target vessels were defined as the entire major LM body including the upstream and downstream side branches (left anterior descending or left circumflex).

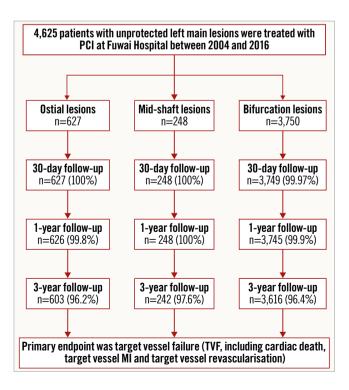
### STATISTICAL ANALYSIS

Continuous variables are presented as mean±standard deviation (SD) and were compared by the Student's t-test. Categorical variables are presented as percentages and counts; between-group differences were compared by the chi-square test or Fisher's exact test. Long-term adverse events rates are presented as Kaplan-Meier estimates and were compared by the log-rank test. Cox proportional hazards models were constructed to identify independent predictors for the primary and secondary endpoints. Variables associated at univariate analysis (all with a p-value of <0.1) and those judged to be of clinical importance from previously published reports were eligible for inclusion in the multivariable model-building process. The goodness-of-fit of the Cox multivariable model was assessed with the Grønnesby and Borgan test. Multivariable adjustment was used to balance the baseline difference; the variables listed in Supplementary Table 1 were included in the adjustment model. Also, pairwise testing of p-values (ostial versus mid-shaft and ostial versus distal) using the Bonferroni test was performed to reduce the occurrence of a false positive. Results are reported as hazard ratios (HR) with associated 95% confidence intervals (95% CI) and p-values. All statistical analyses were performed using SAS version 9.1.3 (SAS Institute).

#### Results

#### **BASELINE CHARACTERISTICS**

Among 4,625 patients with ULMCA, a total of 627 patients (13.6%) were identified with ostial LM lesions, 248 patients (5.4%) with mid-shaft LM lesions, and 3,750 patients (81.1%) with distal LM bifurcation lesions (**Figure 1**). Patients in the ostial group were older compared with the mid-shaft group (60.5 vs 58.8; p=0.04), although the percentage of patients over 75 years of age was similar among



**Figure 1.** *Study flowchart. LM: left main; MI: myocardial infarction; PCI: percutaneous coronary intervention* 

the 3 groups (7.3% vs 9.3% vs 9.4%, respectively; p=0.25). There were more female patients in the ostial group (ostial LM: 31.3%; mid-shaft LM: 18.1%; distal LM: 19.9%; p<0.0001). Ostial LM patients also tended to have a lower body mass index (25.3 vs 25.7; p=0.005), and lower rates of prior MI compared with the bifurcation group (17.2% vs 27.8%; p<0.0001). Left ventricular ejection fractions were higher in patients with ostial LM lesions as compared to those in both the mid-shaft (63.9 vs 62.1; p=0.001) and bifurcation groups (63.9 vs 62.9; p=0.05), although the percentage of patients with a left ventricular ejection fraction <40% was similar among the 3 groups (0.8% vs 2.0% vs 1.5%; p=0.16). There were a total of 442 (9.1%) patients who presented with acute myocardial infarction (AMI) in the present LM population, and the percentage of AMI was balanced among the three groups, while the percentage of patients who presented with ST-segment elevation myocardial infarction (STEMI) was higher in the mid-shaft and bifurcation LM groups (1.8% vs 5.2% vs 4.5%; p=0.004) (Table 1).

As shown in Table 2, compared with the mid-shaft LM group, the patients in the ostial LM group were more likely to have other vessel diseases. Lesion complexity was lower in the ostial LM group, with a lower percentage of occluded lesions (ostial LM: 2.9%; midshaft LM: 5.2%; distal LM: 5.4%; p=0.03) and lower SYNTAX scores (ostial LM: 18.7%; mid-shaft LM: 19.7%; distal LM: 23.8%; p<0.0001). Ostial LM lesion length was significantly lower compared with the bifurcation group (7.28 mm vs. 28.0 mm, p<0.0001), but significantly higher compared with the mid-shaft group (7.28 mm vs. 3.41 mm, p<0.0001). A transradial approach was more likely used in patients with ostial and mid-shaft LM lesions (ostial LM: 82.3%; mid-shaft LM: 88.3%; distal LM: 73.8%; p<0.0001). In the present study cohort, a total of 4.524 (97.8%) patients underwent drug-eluting stent (DES) implantation. The average number of stents used for ostial LM lesions was 1.28, which was significantly lower as compared with the mid-shaft lesion (1.41; p=0.01) and bifurcation lesion (1.74; p<0.0001) groups. A 2-stent strategy was used for bifurcation lesions in 27.2% of patients in the bifurcation group. Utilisation of an intra-aortic balloon pump was similar between the ostial and mid-shaft groups (4.1% vs 5.6%; p=0.34) but was significantly lower in the ostial group compared to the bifurcation group (4.1% vs 7.1%; p=0.005). More patients received intravascular ultrasound guidance in the ostial and bifurcation groups compared to the mid-shaft group (ostial LM: 43.5%; mid-shaft: 33.5%; bifurcation: 41.5%; p=0.02). The final lesion success rate was significantly higher in the ostial group (99.7% vs 98.0% vs 99.3%; p=0.03), with a significantly lower residual SYNTAX score (3.23 vs 4.01 vs 4.35; p<0.0001). Also, complete revascularisation, defined as a residual SYNTAX score=0, was achieved more frequently in patients with ostial LM lesions (ostial LM: 52.0%; midshaft: 42.7%; bifurcation: 39.8%; p<0.0001).

#### THREE-YEAR CLINICAL OUTCOMES

At 3 years, 96.5% patients had completed follow-up. Among patients who had received DES, target vessel failure occurred in 44 (7.5%) patients in the ostial group, in 16 (6.8%) patients in the

	Ostial lesion N=627	Mid-shaft lesion N=248	Bifurcation lesion N=3,750	<i>p</i> -value (ostial vs mid-shaft)	<i>p</i> -value (ostial vs distal)	<i>p</i> -value (3 groups)
Age, years	60.5±9.4	58.8±10.8	60.3±10.6	0.04	0.71	0.08
Age ≥75	7.3% (46)	9.3% (23)	9.4% (352)	0.34	0.10	0.25
Female	31.3% (196)	18.1% (45)	19.9% (747)	<0.0001	<0.0001	<0.0001
Body mass index, kg/m <sup>2</sup>	25.3±3.2	25.6±3.1	25.7±3.2	0.29	0.005	0.02
Diabetes	28.9% (181)	24.2% (60)	28.3% (1,060)	0.16	0.76	0.35
Insulin-dependent	5.3% (33)	2.8% (7)	5.0% (189)	0.31	0.96	0.70
Current smoker	30.1% (189)	37.1% (92)	34.2% (1,281)	0.13	0.03	0.07
Hypertension	55.8% (350)	56.9% (141)	58.6% (2,198)	0.78	0.19	0.39
Hyperlipidaemia	60.9% (382)	59.3% (147)	59.0% (2,211)	0.65	0.35	0.65
Family history of coronary artery disease	15.5% (97)	17.7% (44)	19.0% (712)	0.41	0.04	0.11
Previous percutaneous coronary intervention	23.0% (144)	23.8% (59)	26.4% (989)	0.80	0.07	0.15
Prior myocardial infarction	17.2% (108)	19.8% (49)	27.8% (1,041)	0.38	< 0.0001	<0.0001
Prior stroke	9.3% (58)	8.5% (21)	10.4% (391)	0.72	0.37	0.44
Peripheral arterial disease	7.3% (46)	5.6% (14)	7.0% (263)	0.37	0.77	0.67
Chronic obstructive pulmonary disease	0.3% (2)	0.4% (1)	0.6% (23)	0.85	0.37	0.62
Clinical presentation				0.34	0.14	0.18
Stable angina	45.5% (285)	40.7% (101)	45.6% (1,709)	0.20	0.96	0.33
Unstable angina	47.0% (295)	49.6% (123)	44.5% (1,670)	0.50	0.24	0.18
Acute myocardial infarction	7.5% (47)	9.7% (24)	9.9% (371)	0.29	0.06	0.17
NSTEMI	5.7% (36)	4.4% (11)	5.4% (203)	0.44	0.74	0.74
STEMI	1.8% (11)	5.2% (13)	4.5% (168)	0.004	0.001	0.004
Creatinine clearance, ml/min	91.3±26.2	93.5±25.8	92.1±28.6	0.28	0.51	0.59
Left ventricular ejection fraction, %	63.9±6.9	62.1±7.6	62.9±12.6	0.001	0.05	0.07
Left ventricular ejection fraction <40%	0.8% (5)	2.0% (5)	1.5% (55)	0.13	0.18	0.16

Values are mean±SD or % (n). CAD: coronary artery disease; LM: left main; NSTEMI non-ST-elevation myocardial infarction; STEMI: ST-elevation myocardial infarction

mid-shaft group, in 321 (9.0%) patients in the bifurcation group, with non-significant p-values of 0.15 (ostial versus mid-shaft) and 0.88 (ostial versus bifurcation) (Figure 2). However, the 3-year incidence of MI was significantly lower in the ostial group (2.0%), which is numerically lower compared with the mid-shaft group (3.0%; p=0.95), but statistically lower compared with the bifurcation group (4.2%; p=0.02). Also, target vessel MI was comparable between the ostial LM and mid-shaft groups (1.8% vs 2.1%; p=0.88), while the ostial LM lesion group had a significantly lower rate than the bifurcation lesion group (1.8% vs 3.9%; p=0.02). The incidence of patients who required repeat revascularisation was comparable between the 3 groups as were the rates of stent thrombosis (Table 3). Results in the overall population (including patients with bare metal stent implantation), sensitivity analysis excluding patients with only >50% narrowing of lesions in both the LAD and LCx coronary arteries in addition to the left main in bifurcation group, as well as the pairwise testing of p-values showed the same trend (Supplementary Table 2, Supplementary Table 3, Supplementary Table 4). Additionally, based on the sensitivity analysis comparing ostial lesions with bifurcation lesions receiving a 2-stent or provisional stent strategy, the provisional stent strategy was associated with reduced adverse events, while the main trend was unchanged in both groups (Supplementary Table 5).

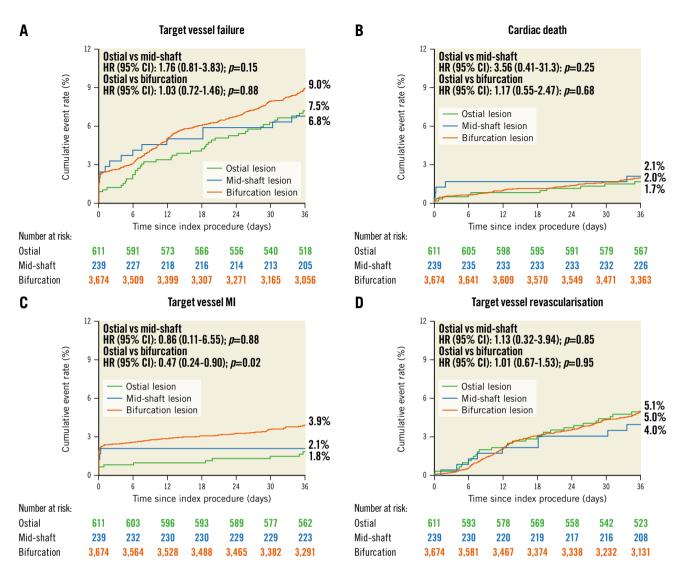
# RISK FACTORS FOR ADVERSE EVENTS IN PATIENTS WITH OSTIAL LM LESIONS

For the primary endpoint, both univariate and multivariate Cox regression analyses revealed that procedural complications were an independent risk factor in patients with ostial LM lesions (HR 4.62, 95% CI: 1.34-15.8; p=0.02), and a more recent PCI was proven to be a protective factor (HR 0.91, 95% CI: 0.83-0.99; p=0.04) (Table 4). We further divided the composite primary endpoint into safety (cardiac death or MI) and efficacy (TVR) endpoints. Multivariate Cox regression analyses showed that, for cardiac death or MI, procedural complications were an independent risk factor, while a more recent PCI was a protective factor. For the efficacy endpoints, male gender and larger stent diameter were identified as protective factors, while higher creatinine clearance was identified as a risk factor by multivariate analyses (Supplementary Table 6).

### Table 2. Lesion characteristics.

Ostial lesion N=627	Mid-shaft lesion N=248	Bifurcation lesion N=3,750	<i>p</i> -value (ostial vs mid-shaft)	<i>p</i> -value (ostial vs distal)	<i>p</i> -value (3 groups)
			< 0.0001	< 0.0001	<0.0001
22.2% (139)	61.7% (153)	11.4% (429)			
26.5% (166)	21.0% (52)	31.3% (1,175)			
29.5% (185)	14.5% (36)	37.9% (1,423)			
21.9% (137)	2.8% (7)	19.3% (723)			
2.9% (18)	5.2% (13)	5.4% (203)	0.09	0.007	0.03
10.8% (68)	12.9% (32)	13.5% (505)	0.39	0.07	0.20
1.9% (12)	1.6% (4)	3.2% (120)	0.77	0.08	0.09
19.9±17.8	22.5±17.3	30.1±20.2	0.05	<0.0001	<0.0001
7.28±3.61	3.41±0.90	28.0±18.6	< 0.0001	< 0.0001	< 0.0001
18.7±6.5	19.7±8.2	23.8±7.0	0.02	<0.0001	< 0.0001
73.4% (460)	64.5% (160)	46.6% (1,749)			
22.6% (142)	28.2% (70)	42.0% (1,574)			
4.0% (25)	7.3% (18)	11.4% (427)			
82.3% (516)	88.3% (219)	73.8% (2,767)	0.03	<0.0001	< 0.0001
2.2% (14)	2.4% (6)	2.3% (86)	0.87	0.93	0.99
97.4% (611)	96.4% (239)	98.0% (3,674)	0.39	0.40	0.20
23.9% (150)	25.8% (64)	23.2% (869)	0.82	0.92	0.90
73.8% (463)	71.8% (178)	74.5% (2,795)	0.82	0.92	0.90
1.80±1.08	1.94±1.07	2.27±1.53	0.10	<0.0001	<0.0001
1.28±0.68	1.41±0.71	1.74±0.81	0.01	<0.0001	< 0.0001
3.71±0.53	3.60±0.52	3.43±0.47	0.01	<0.0001	<0.0001
0.45±0.69	0.47±0.70	0.53±0.69	0.81	0.001	0.002
4.1% (26)	5.6% (14)	7.1% (268)	0.34	0.005	0.02
-	-	27.2% (1,020)	-	-	-
-	-	14.9% (689)	-	-	-
-	-	3.0% (141)	-	-	-
-	-	1.6% (76)	-	-	-
-	-	2.5% (114)	-	-	-
1.9% (12)	1.6% (4)	2.0% (74)	0.77	0.92	0.92
1.3% (8)	0.4% (1)	1.2% (46)	0.25	0.92	0.50
0.8% (5)	0% (0)	0.6% (21)	0.16	0.47	0.36
	1.2% (3)	0.9% (32)	0.04		0.14
43.5% (273)	33.5% (83)	41.5% (1,556)	0.006	0.34	0.02
0 (0)	0 (0)	0.1% (4)	-	-	0.63
0 (0)	0 (0)	0.2% (8)	-	-	0.39
99.7% (625)	98.0% (243)	99.3% (3,724)	0.01	0.28	0.03
		4.35±5.67			< 0.0001
	N=627   I   22.2% (139)   26.5% (166)   29.5% (185)   21.9% (137)   2.9,5% (185)   21.9% (137)   2.9,5% (185)   21.9% (137)   2.9% (18)   10.8% (68)   1.9% (12)   19.9±17.8   7.28±3.61   18.7±6.5   3.71±0.53	N=627 N=248   22.2% (139) 61.7% (153)   26.5% (166) 21.0% (52)   29.5% (185) 14.5% (36)   21.9% (137) 2.8% (7)   2.9% (18) 5.2% (13)   10.8% (68) 12.9% (32)   11.9% (12) 1.6% (4)   19.9±17.8 22.5±17.3   7.28±3.61 3.41±0.90   18.7±6.5 19.7±8.2   73.4% (460) 64.5% (160)   4.0% (25) 7.3% (18)   82.3% (516) 88.3% (219)   82.3% (516) 88.3% (219)   22.6% (142) 22.4% (70)   4.0% (25) 7.3% (18)   82.3% (516) 88.3% (219)   82.3% (516) 88.3% (219)   18.7±6.5 19.4% (6)   97.4% (611) 96.4% (239)   23.9% (150) 25.8% (64)   1.80±1.08 1.94±1.07   3.71±0.53 3.60±0.52   0.45±0.69 0.47±0.70   4.1% (26) 5.6% (14)   - -   1.9% (12) 1.6% (4)<	N=627 N=248 N=3,750   22.2% (139) 61.7% (153) 11.4% (429)   26.5% (166) 21.0% (52) 31.3% (1,175)   29.5% (185) 14.5% (36) 37.9% (1,423)   21.9% (137) 2.8% (7) 19.3% (723)   2.9% (18) 5.2% (13) 5.4% (203)   10.8% (68) 12.9% (32) 13.5% (505)   1.9% (12) 1.6% (4) 3.2% (120)   19.9±17.8 22.5±17.3 30.1±20.2   7.28±3.61 3.41±0.90 28.0±18.6   18.7±6.5 19.7±8.2 23.8±7.0   73.4% (460) 64.5% (160) 46.6% (1,749)   22.6% (142) 28.2% (70) 42.0% (1,574)   4.0% (25) 7.3% (18) 11.4% (427)   82.3% (516) 88.3% (219) 73.8% (2,767)   4.0% (25) 7.3% (18) 11.4% (427)   2.2% (14) 2.4% (6) 2.3% (86)   97.4% (611) 96.4% (239) 98.0% (3,674)   2.39% (150) 25.8% (64) 23.2% (869)   7.3.8% (463) 71.8% (178) 74.5% (2,7	N=627 N=248 N=3,750 (Gstral Vs mid-shaft)   22.2% (139) 61.7% (153) 11.4% (429) <0.0001	Oscial residu N=627Midesital residu N=248Bidication residu N=3,750(ostial vs nid-shaft)(ostial vs nid-shaft)22.2% (139) $61.7\%$ (153) $11.4\%$ (429)25.5% (166) $21.0\%$ (52) $31.3\%$ (1,175)29.5% (185) $14.5\%$ (36) $37.9\%$ (1,423)21.9% (137) $2.8\%$ (7) $19.3\%$ (723)0.09 $0.007$ 10.8% (68) $12.9\%$ (32) $13.5\%$ (505) $0.39$ $0.07$ 19.9% (12) $1.6\%$ (4) $3.2\%$ (120) $0.77$ $0.08$ 19.9±17.8 $22.5±17.3$ $30.1\pm20.2$ $0.05$ $<0.0001$ 18.7±6.5 $19.7\pm8.2$ $23.8\pm7.0$ $0.02$ $<0.0001$ 18.7±6.5 $19.7\pm8.2$ $23.8\pm7.0$ $0.02$ $<0.0001$ 73.4% (460) $64.5\%$ (160) $46.6\%$ (1,749)22.6% (142) $28.2\%$ (70) $42.0\%$ (1,574)4.0% (25) $7.3\%$ (18) $11.4\%$ (427)82.3% (516) $88.3\%$ (219) $73.8\%$ (2,767) $0.03$ $<0.0001$ 2.2% (14) $2.4\%$ (6) $2.3\%$ (86) $0.87$ $0.93$ 97.4% (611) $96.4\%$ (239) $98.0\%$ (3,674) $0.39$ $0.40$ 23.9% (150) $25.8\%$ (64) $23.2\%$ (869) $0.82$ $0.92$ $1.80\pm1.08$ $1.41\pm0.71$ $1.74\pm0.81$ $0.01$ $<0.0001$ $1.28\pm0.68$ $1.41\pm0.71$ $1.74\pm0.81$ $0.01$ $<0.0001$ $1.28\pm0.68$ $1.41\pm0.71$ $1.74\pm0.81$ $0.01$ $<0.0001$

Values are mean±SD or % (n). \*First-generation drug-eluting stent including CYPHER (Cordis) and TAXUS (Boston Scientific), the other DES were grouped into second-generation. \*\*Procedural complications including dissection, perforation, slow flow, no flow, side branch occlusion. DES: drug-eluting stent; FFR: fractional flow reserve; IABP: intra-aortic balloon pump; IVUS: intravascular ultrasound; LM: left main; OCT: optical coherence tomography; SYNTAX: Synergy Between Percutaneous Coronary Intervention With Taxus and Cardiac Surgery; VD: vessel disease



**Figure 2.** *Time-to-event curves for 3-year clinical outcomes in patients with DES implantation. Kaplan-Meier cumulative event curves for A) target vessel failure; B) cardiac death; C) target vessel MI; D) target vessel revascularisation. Target vessel failure was defined as a composite of cardiac death, target vessel myocardial infarction, or target vessel revascularisation. CI: confidence interval; HR: hazard ratio; LM: left main; MI: myocardial infarction; TVF: target vessel failure* 

# Discussion

In the current study, a dedicated LM PCI registry with a large number of ostial LM lesions, we demonstrated that 1) in patients with LM coronary artery disease, around 13.6% LM lesions were located in the ostium; 2) the 3-year incidence of MI was comparable between the ostial and mid-shaft LM groups, but the event rate in the ostial group was significantly lower compared to the bifurcation group, especially for MI events originating in the LM vessel; 3) in patients with ostial LM disease, procedural complications were risk factors for cardiac death or MI, while PCI performed in recent years significantly reduced those events (**Central illustration**).

To the best of our knowledge, our study is the first to report long-term (3 years) clinical outcomes in a large cohort of patients with LM ostial lesions who underwent PCI, based on the dedicated Fuwai LM registry database<sup>12,14,15</sup>. In previous studies that followed LM PCI prognosis, most focused on bifurcation lesions; ostial lesions are usually combined with midshaft LM lesions and the two are reported as non-bifurcation groups<sup>16,17</sup>. No studies have been done with a large cohort of patients addressing the long-term prognosis and risk factors of adverse events of ostial LM lesions. As we reported, around 81% of LM lesions were bifurcation lesions and ostial and midshaft lesions accounted for 19%, which is consistent with previous data. We also found a similar trend, as previously reported, that ostial LM lesions more often occur in females<sup>11</sup>. Female patients account for 31.3% in this ostial LM population, which is higher than previously reported in the overall LM PCI population (around 20-25%)<sup>3,4,18</sup>, and in the LM bifurcation population (around 20%)<sup>9,14</sup>.

Previous studies have highlighted that PCI for ostial/midshaft lesions is associated with better clinical outcomes than

				Adjusted by multivariable model				
	Ostial lesion N=611	Mid-shaft lesion N=239	Bifurcation lesion N=3,674	Ostial vs mid-shaft lesion HR (95% CI)	<i>p</i> -value	Ostial vs bifurcation lesion HR (95% Cl)	<i>p</i> -value	
30 days					·			
Target vessel failure	1.1% (7)	2.5% (6)	2.5% (92)	0.67 (0.02-22.5)	0.82	0.44 (0.21-0.96)	0.04	
All-cause death	0.5% (3)	1.3% (3)	0.5% (20)	0.38 (0.0889)	0.24	0.88 (0.26-2.96)	0.84	
Cardiac death	0.3% (2)	1.3% (3)	0.5% (17)	0.25 (0.04-1.52)	0.13	0.69 (0.16-2.98)	0.62	
Myocardial infarction	0.8% (5)	2.1% (5)	2.4% (89)	0.38 (0.11-1.31)	0.13	0.33 (0.13-0.81)	0.02	
Target vessel-related	0.8% (5)	2.1% (5)	2.4% (88)	0.38 (0.11-1.31)	0.13	0.33 (0.14-0.82)	0.02	
Stroke	0.2% (1)	0% (0)	0.01% (2)	-	0.71	2.93 (0.27-32.4)	0.38	
Any revascularisation	1.0% (6)	1.3% (3)	0.5% (20)	0.76 (0.19-3.05)	0.70	1.76 (0.71-4.39)	0.22	
TVR	0.3% (2)	0% (0)	0.01% (4)	-	0.60	2.94 (0.54-16.0)	0.21	
TLR	0.3% (2)	0% (0)	0.01% (2)	-	0.60	5.87 (0.83-41.7)	0.08	
Definite/probable ST	0.3% (2)	0.8% (2)	0.3% (11)	0.38 (0.05-2.69)	0.33	1.06 (0.24-4.80)	0.94	
1 year								
Target vessel failure	3.6% (22)	5.1% (12)	5.3% (194)	1.58 (0.52-4.84)	0.43	0.91 (0.56-1.48)	0.71	
All-cause death	1.1% (7)	2.1% (5)	1.6% (59)	3.12 (0.34-28.5)	0.31	0.97 (0.40-2.37)	0.95	
Cardiac death	0.8% (5)	1.7% (4)	1.1% (39)	1.19 (0.01-123.2)	0.94	1.00 (0.34-2.98)	1.00	
Myocardial infarction	1.1% (7)	2.1% (5)	3.0% (111)	0.35 (0.004-28.7)	0.64	0.37 (0.16-0.86)	0.02	
Target vessel-related	1.0% (6)	2.1% (5)	2.9% (107)	0.60 (0.02-23.1)	0.78	0.32 (0.13-0.80)	0.02	
Stroke	0.3% (2)	0% (0)	0.4% (13)	-	1.00	0.86 (0.18-4.21)	0.86	
Any revascularisation	4.0% (24)	6.4% (15)	4.5% (164)	0.55 (0.21-1.45)	0.23	1.02 (0.63-1.62)	0.95	
TVR	2.3% (14)	2.2% (5)	2.4% (84)	2.69 (0.53-13.6)	0.23	1.14 (0.61-2.13)	0.69	
TLR	1.5% (9)	1.3% (3)	1.4% (51)	2.00 (0.01-732.5)	0.82	1.06 (0.45-2.47)	0.90	
Definite/probable ST	0.5% (3)	0.8% (2)	0.8% (29)	3.08 (0.002-5,578.7)	0.77	0.75 (0.17-3.33)	0.70	
3 years								
Target vessel failure	7.5% (44)	6.8% (16)	9.0% (321)	1.76 (0.81-3.83)	0.15	1.03 (0.72-1.46)	0.88	
All-cause death	2.8% (17)	2.5% (6)	3.6% (130)	3.32 (0.73-15.1)	0.12	1.00 (0.57-1.75)	1.00	
Cardiac death	1.7% (10)	2.1% (5)	2.0% (71)	3.56 (0.41-31.3)	0.25	1.17 (0.55-2.47)	0.68	
Myocardial infarction	2.0% (12)	3.0% (7)	4.2% (153)	0.94 (0.12-7.52)	0.95	0.47 (0.25-0.88)	0.02	
Target vessel-related	1.8% (11)	2.1% (5)	3.9% (142)	0.86 (0.11-6.55)	0.88	0.47 (0.24-0.90)	0.02	
Stroke	1.4% (8)	2.2% (5)	1.5% (54)	0.23 (0.04-1.31)	0.10	0.93 (0.42-2.08)	0.86	
Any revascularisation	8.3% (49)	9.0% (21)	7.9% (284)	1.02 (0.51-2.06)	0.95	1.09 (0.77-1.53)	0.63	
TVR	5.1% (30)	4.0% (9)	5.0% (174)	1.13 (0.32-3.94)	0.85	1.01 (0.67-1.53)	0.95	
TLR	3.5% (20)	3.1% (7)	3.0% (105)	1.13 (0.16-8.04)	0.91	1.16 (0.70-1.92)	0.58	
Definite/probable ST	1.0% (6)	0.8% (2)	1.5% (54)	9.07 (0.19-426.2)	0.26	0.71 (0.28-1.79)	0.46	

confidence interval; DES: dug-eluting stent; HR: hazard ratio; ST: stent thrombosis; TLR: target lesion revascularisation; TVR: target vessel revascularisation

more complex PCI for distal bifurcation lesions<sup>19,20</sup>. Our current study had different findings compared with previous studies **(Supplementary Table 7)**. The DELTA registry (Drug-Eluting Stent for Left Main Coronary Artery Disease) suggested that PCI for ostial/mid-shaft lesions was associated with lower revascularisation event rates than for distal lesions in LM disease. However, no significant differences in death or MI were observed between the 2 groups<sup>7</sup>, which is consistent with other studies that show better outcomes of ostial/mid-shaft LM lesions compared with distal bifurcation lesions due to lower revascularisation events<sup>17,19</sup>. However, the same trend was not found in the present data. One reasonable explanation might be that fewer 2-stent strategies were used for bifurcation lesions in the present population. On the other hand, the event rates were relatively low, which might be related to the low-risk status of the patients involved in the present study. The different findings from the current data were also due to differing definitions of MI events. The current study used a relatively strict definition with lower thresholds of biomarker elevations, which could be induced by a jailed side branch or an occlusion triggered by the 2-stent strategy for bifurcation lesions. Complications including major side branch occlusion, major dissection or slow flow/no reflow were factors that triggered periprocedural MI. Periprocedural MI events proved to be associated with long-term cardiac death following LM PCI<sup>12</sup> and optimised operations that avoided procedural complications during PCI might improve prognosis.

According to the current findings, procedural complications, including dissection, perforation, and blood perfusion

# Table 4. Independent risk factors for the primary endpoint in patients with LM ostial stenosis.

	Univariate ana	ysis	Multivariate ana	lysis
	HR (95% CI)	<i>p</i> -value	HR (95% CI)	<i>p</i> -value
Target vessel failure				
Age	0.96 (0.94-0.99)	0.02	0.97 (0.93-1.01)	0.11
Male	1.71 (0.85-3.44)	0.13	0.58 (0.27-1.23)	0.15
Body mass index	1.00 (0.92-1.10)	0.95	1.01 (0.90-1.14)	0.85
Current smoking	1.11 (0.60-2.04)	0.75	-	-
Previous myocardial infarction	1.30 (0.65-2.62)	0.46	-	-
Diabetes mellitus	1.07 (0.57-1.99)	0.84	-	-
Family history of CAD	0.96 (0.43-2.13)	0.91	-	-
Hypertension	1.17 (0.65-2.09)	0.61	-	-
Peripheral artery disease	0.87 (0.27-2.79)	0.81	-	-
Acute coronary syndromes	1.04 (0.58-1.85)	0.90	-	-
Left ventricular ejection fraction	0.98 (0.94-1.02)	0.36	0.98 (0.94-1.02)	0.36
Creatinine clearance	1.01 (1.00-1.02)	0.09	1.01 (0.99-1.02)	0.47
Number of diseased vessels	1.18 (0.90-1.54)	0.24	-	-
Moderate or heavy calcification	0.54 (0.17-1.75)	0.31	0.55 (0.13-2.37)	0.42
Number of stents per patient	1.09 (0.86-1.39)	0.47	-	-
Total disease length (patient level)	0.99 (0.98-1.01)	0.52	-	-
LM mean stent diameter	0.92 (0.53-1.61)	0.77	-	-
Drug-eluting stent generation	0.62 (0.38-1.01)	0.05	-	-
Restenotic lesion	1.12 (0.15-8.11)	0.91	-	-
IABP insertion	1.08 (0.26-4.45)	0.92	-	-
Treatment of non-LM lesions	1.48 (0.83-2.63)	0.18	-	-
Procedural complication	3.86 (1.20-12.4)	0.02	4.62 (1.34-15.8)	0.02
IVUS utilisation	0.87 (0.49-1.56)	0.64	1.06 (0.56-2.00)	0.85
Residual SYNTAX score	1.02 (0.96-1.07)	0.58	1.02 (0.96-1.08)	0.63
Baseline SYNTAX score	1.01 (0.97-1.05)	0.66	-	-
Year of percutaneous coronary intervention	0.91 (0.84-0.99)	0.02	0.91 (0.83-0.99)	0.04

Age, body mass index, left ventricular ejection fraction, creatinine clearance, number of diseased vessels, number of stents per patient, total disease length, LM mean stent diameter, residual SYNTAX score, baseline SYNTAX score, and year of percutaneous coronary intervention were included as continuous variables. CAD: coronary artery disease; CI: confidence interval; HR: hazard ratio; IABP: intra-aortic balloon pump; IVUS: intravascular ultrasound; LM: left main; SYNTAX: Synergy Between Percutaneous Coronary Intervention With Taxus and Cardiac Surgery

interference are independent factors for the safety endpoint of cardiac death or MI. Stenting complications might be prevented through careful technique and, in certain cases, intravascular imaging guidance will be necessary. However, intravascular imaging should be used not only for diagnosis, but also to guide and optimise stent implantation, thus avoiding stent dislodgment and embolisation in the aorta<sup>21</sup>. It has been reported that ostial lesions carry higher restenosis rates than non-ostial lesions<sup>22</sup>; the present data found that a larger stent diameter was a protective factor for long-term restenosis. Matching the appropriate treatment strategies to the affected lesions might serve to avoid repeat revascularisation. In addition, the improved prognoses in recent years, catalysed by advanced techniques and device innovation, were observed in the present study, as the data showed that a more recent PCI was a significant protective factor for cardiac death or MI. With optimal lesion preparation and suitable device selection, as well as advanced techniques and new devices that help avoid potential complications, outcomes for patients with ostial LM stenosis undergoing PCI might be favourable in daily practice.

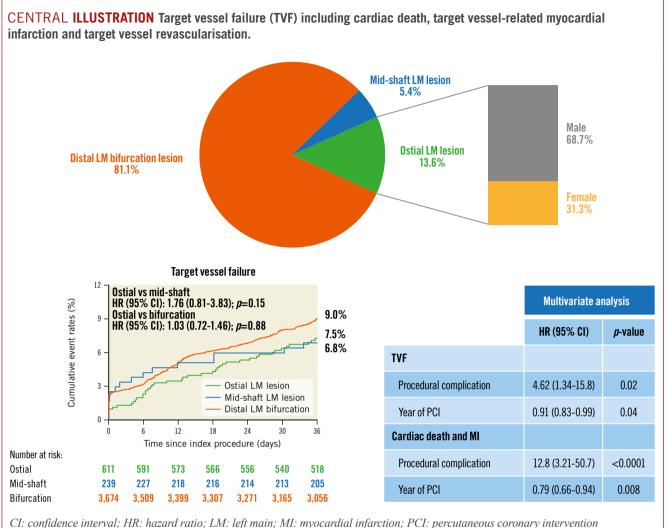
# Limitations

The present study has several limitations. First, as a retrospective study with an observational design, there might be hidden bias; however, the current study introduced a large cohort of patients with ostial LM lesions, which might provide more evidence for clinical practice. Second, the data were reported from a single centre, which might limit the external validity. Third, patient enrolment in the LM registry study began in 2004, and PCI strategies have evolved greatly since then. Fourth, event rates of cardiac death, MI, and revascularisation were relatively low, which might lead to low statistical power. Fifth, high-risk patients (older, lower ejection fraction or creatinine clearance, or three-vessel disease, etc.) were underrepresented in the current registry. Finally, periprocedural complications were reported by operators who performed the procedure, which might be associated with interobserver variability.

# Conclusions

The long-term prognosis of patients with ostial LM lesions following PCI treatment is acceptable. In ostial LM patients, procedural complications were risk factors for cardiac death or MI, while improved

#### EuroIntervention



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procedures, catalysed mainly by advanced techniques and device innovation, were associated with a lower risk of adverse events.

### Impact on daily practice

In the patients suffering from LM diseases, around one-tenth of LM stenoses occured at the ostium. PCI treatment for ostial LM lesions achieved favourable long-term outcomes, with a similar risk of MI compared with the mid-shaft group but significantly lower risk of MI compared with the distal bifurcation group. Based on the retrospective analysis of this LM PCI registry study, improved techniques and devices that avoid procedural complications might improve the prognosis of patients receiving PCI for ostial LM diseases.

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# **Conflict of interest statement**

The authors have no conflicts of interest to declare.

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# Supplementary data

**Supplementary Appendix 1.** Protocol – left main percutaneous coronary intervention registry.

**Supplementary Table 1.** Variables included for multivariable adjustment.

**Supplementary Table 2.** Three-year clinical outcomes in overall population.

**Supplementary Table 3.** Sensitivity analysis excluding patients with >50% narrowing lesions in both LAD and LCx coronary arteries in addition to the left main in bifurcation group.

Supplementary Table 4. Adjusted pairwise comparisons.

**Supplementary Table 5.** Sensitivity analysis of patients receiving a 2-stent or provisional stent strategy.

**Supplementary Table 6.** Independent risk factors for the secondary endpoints in patients with LM ostial stenosis.

Supplementary Table 7. Comparisons with other studies.

The supplementary data are published online at: https://eurointervention.pcronline.com/ doi/10.4244/EIJ-D-22-00909



# Supplementary data

# **Supplementary Appendix 1. Protocol** – left main percutaneous coronary intervention registry.

This study was designed by the principal investigator.

# 1. Data collection

The data collected included a range of variables such as demographics, patient history, preoperative medications, preoperative risk factors, intraoperative data, and in-hospital, 30-day, and long-term conditions. Variables in the registry were defined according to the Society of Thoracic Surgeons database (http://www.sts.org/) and the 2013 American College of Cardiology Foundation/American Heart Association key data definitions for coronary artery disease. Unprotected left main disease is defined as left main artery luminal narrowing of more than 50% without patent bypass grafts to its branches (15). Patients were excluded if they were younger than 18 years, or had prior CABG, concomitant valvular or aortic surgery, ST-segment elevation myocardial infarction within 1 week, or cardiogenic shock. The SYNTAX score algorithm was not available at the beginning of the study period. A retrospective review of a baseline angiogram for calculation of the SYNTAX score in the standard fashion by using the web-based score calculator (www.syntaxscore.com)

# 2. PCI procedure

All patients undergoing PCI received aspirin plus clopidogrel (loading dose, 300 or 600 mg) before the coronary intervention. The choice of the specific type of drugeluting stents (ie, sirolimus- or paclitaxel- or everolimus- or zotarolimus-eluting stents) was left to the interventionalist's discretion. Lesions at the ostium or shaft without involvement of ULM bifurcation were usually treated with single stents. ULM bifurcation lesions were treated using different stenting strategies including provisional stenting or 2-stent technique in the vast majority of cases. Final kissing balloon dilatation was mandatory and performed in ULM bifurcation cases with 2stent technique. Proximal optimization technique (POT) with additional bigger balloons was performed to optimize stent apposition. Intravascular ultrasound was recommended to assess the baseline characteristics and the final results. Glycoprotein IIb/IIIa antagonists and an intra-aortic balloon pump were used if clinically indicated. After the procedure, aspirin plus clopidogrel therapy was continued indefinitely. The use of dual antiplatelet therapy with aspirin and clopidogrel was recommended for at least 12 months after stent implantation. For patients with stents requiring anticoagulation (chronic atrial fibrillation for example), it was recommended to follow the American College of Cardiology/American Heart Association ST elevation myocardial infarction guidelines for triple therapy after stenting.

# 3. Definitions

**Death** was defined as death from any cause.

**Myocardial infarction** occurred when there were clinical signs and symptoms of ischemia that were distinct from the presenting ischemic event and meeting at least 1 of the following criteria:

1. Spontaneous (>48 h after PCI, and/or after CABG)

A. New, significant Q waves in at least 2 contiguous leads of an ECG that were not present with the presenting ischemic event;

B. Patients whose most recent cardiac markers measured before reinfarction, which were normal, require an increase in CK-MB or troponin above the 99<sup>th</sup> percentile limit of normal and at least  $\geq 20\%$  above the most recent value.

2. Within 48 h after PCI:

A. Patients with normal biomarker values (preprocedure) who then develop an increase in creatine kinase concentration > 2 times the upper limit of normal. In addition, symptoms suggestive of myocardial ischemia or new ischemic electrocardiographic changes or angiographic findings consistent with a procedural complication or imaging demonstration of new loss of viable myocardium are required.

B. Stent thrombosis associated with MI when detected by coronary angiography or autopsy in the setting of myocardial ischemia and with a rise and/or fall of cardiac biomarker values with at least 1 value above the 99th percentile ULN.

C. For patients with elevated baseline (preprocedure) cardiac biomarkers, there are 2 possible scenarios. In these scenarios, electrocardiographic changes or symptoms are

not required to qualify.

i. Patients with cardiac markers above the ULN (preprocedure) assumed to be in the midst of an acute MI.

ii. Patients with elevated biomarkers with a characteristic rise and fall in biomarker levels preprocedure most likely have completed their presenting infarct. Further rises in cardiac markers must be  $\geq 20\%$  above the most recent value to be coded as reinfarction.

D. Patients with new, significant Q waves in at least 2 contiguous leads of an ECG that were not present with the presenting ischemic event.

3. Within 48 h after CABG:

A CABG-related MI was defined by elevation of cardiac biomarker values >10 times the 99<sup>th</sup> percentile upper reference limit in patients with normal baseline cardiac troponin values ( $\leq$ 99<sup>th</sup> percentile upper reference limit) plus either new pathological Q waves; new left bundle-branch block, angiographically documented new graft, or native coronary artery occlusion; or imaging evidence of new loss of viable myocardium or new regional wall motion abnormality.

**Stroke** was confirmed by a neurologist on the basis of imaging studies and was defined as follows:

1. A focal neurologic deficit of central origin lasting >72 hours, or

2. A focal neurologic deficit of central origin lasting >24 hours, with imaging evidence of cerebral infarction or intracerebral hemorrhage, or

3. A nonfocal encephalopathy lasting >24 hours with imaging evidence of cerebral infarction or hemorrhage adequate to account for the clinical state, or

Retinal arterial ischemia or hemorrhage is included in the definition of stroke.

**Repeat revascularization** was defined as any repeat PCI or CABG. All stages of a staged index PCI procedure will be considered part of the index revascularization procedure and not a repeated revascularization.

	<b>Risk factors</b>	
1. Age (continuous variables)	10. Clinical presentation	19. Intravascular ultrasound use
2. Sex	11. Left ventricular ejection fraction (continuous variables)	20. Restenotic lesion
3. Body mass index (continuous variables)	12. Creatinine clearance (continuous variables)	21. IABP insertion
4. Current smoking	13. Number of diseased vessels (continuous variables)	22. Treatment of non-LM lesions
5. Previous myocardial infarction	14. Calcification lesion	23. Residual syntax score (continuous variables)
6. Diabetes mellitus	15. Number of stents per patient (continuous variables)	24. Baseline SYNTAX score (continuous variables)
7. Family history of CAD	16. Total disease length (patient level, continuous variables)	25. Year of percutaneous coronary intervention performance (continuous variables)
8. Hypertension	17. LM mean stent diameter (continuous variables)	
9. Peripheral artery disease	18. Drug-eluting stent generation	

# Supplementary Table 1. Variables included for multivariable adjustment.

CAD=coronary artery disease; IABP=intra-aortic balloon pump; LM=left main.

				Adjusted by multivariable model			
	Ostial lesion	Mid-shaft lesion	<b>Bifurcation lesion</b>	Ostial vs. Mid-shaft		Ostial vs. Bifurcation	
	N = 627	N = 248	N =3750	lesion	P value	lesion	P value
				HR (95% CI)		HR (95% CI)	
Target vessel failure	7.8% (47)	7.4% (18)	9.4% (343)	2.17 (0.97, 4.83)	0.06	1.01 (0.71, 1.43)	0.98
All-cause death	2.8% (17)	3.2% (8)	3.8% (141)	2.64 (0.67, 10.4)	0.17	0.97 (0.56, 1.69)	0.92
Cardiac death	1.6% (10)	2.4% (6)	2.2% (82)	2.46 (0.36, 16.9)	0.36	1.10 (0.52, 2.30)	0.81
Myocardial infarction	1.9% (12)	2.9% (7)	4.4% (162)	0.96 (0.12, 7.73)	0.97	0.46 (0.25, 0.85)	0.01
Target-vessel related	1.8% (11)	2.0% (5)	4.1% (151)	0.91 (0.12, 6.78)	0.93	0.46 (0.24, 0.88)	0.02
Stroke	1.3% (8)	2.1% (5)	1.5% (54)	0.23 (0.04, 1.31)	0.10	0.93 (0.42, 2.08)	0.86
Any revascularisation	8.7% (53)	9.1% (22)	8.2% (297)	1.08 (0.54, 2.16)	0.83	1.09 (0.77, 1.53)	0.63
TVR	5.5% (33)	4.3% (10)	5.2% (184)	2.91 (1.02, 8.25)	0.045	1.10 (0.71, 1.70)	0.68
TLR	3.7% (22)	3.5% (8)	3.2% (114)	4.99 (1.28, 19.4)	0.02	1.24 (0.71, 2.13)	0.45
Definite / probable ST	1.0% (6)	0.8% (2)	1.6% (58)	9.07 (0.19, 426.0)	0.26	0.77 (0.29, 2.03)	0.60

Supplementary Table 2. Three-year clinical outcomes in overall population.

Percentages are Kaplan-Meier estimates. Target vessel failure including cardiac death, target-vessel related myocardial infarction and TVR. TVR=target vessel revascularisation; TLR=target lesion revascularisation; ST=stent thrombosis.

				Α	djusted by m	ultivariable model	
	Ostial lesion	Mid-shaft lesion	<b>Bifurcation lesion</b>	Ostial vs. Mid-shaft	Ostial vs. Bifurcation		
	N = 627	N = 248	N =3498	lesion	P value	lesion	P value
				HR (95% CI)		HR (95% CI)	
Target vessel failure	7.8% (47)	7.4% (18)	9.7% (328)	2.17 (0.97, 4.83)	0.06	1.01 (0.70, 1.43)	0.99
All-cause death	2.8% (17)	3.2% (8)	3.7% (127)	2.64 (0.67, 10.4)	0.17	1.05 (0.60, 1.85)	0.87
Cardiac death	1.6% (10)	2.4% (6)	2.2% (74)	2.46 (0.36, 16.9)	0.36	1.22 (0.57, 2.59)	0.61
Myocardial infarction	1.9% (12)	2.9% (7)	4.5% (156)	0.96 (0.12, 7.73)	0.97	0.45 (0.24, 0.84)	0.01
Target-vessel related	1.8% (11)	2.0% (5)	4.2% (146)	0.91 (0.12, 6.78)	0.93	0.45 (0.23, 0.86)	0.02
Stroke	1.3% (8)	2.1% (5)	1.5% (50)	0.23 (0.04, 1.31)	0.10	0.81 (0.36, 1.82)	0.61
Any revascularisation	8.7% (53)	9.1% (22)	8.4% (287)	1.08 (0.54, 2.16)	0.83	1.05 (0.75, 1.48)	0.78
TVR	5.5% (33)	4.3% (10)	5.3% (177)	2.91 (1.02, 8.25)	0.045	1.07 (0.69, 1.67)	0.75
TLR	3.7% (22)	3.5% (8)	3.3% (109)	4.99 (1.28, 19.4)	0.02	1.19 (0.68, 2.06)	0.54
Definite / probable ST	1.0% (6)	0.8% (2)	1.6% (54)	9.07 (0.19, 426.0)	0.26	0.78 (0.29, 2.07)	0.61

Supplementary Table 3. Sensitivity analysis excluding patients with >50% narrowing lesions in both LAD and LCx coronary arteries in addition to the left main in bifurcation group.

Percentages are Kaplan-Meier estimates. Target vessel failure including cardiac death, target-vessel related myocardial infarction and TVR. TVR=target vessel revascularisation; TLR=target lesion revascularisation; ST=stent thrombosis.

	Ostial vs. Mid-shaft	Ostial vs. Bifurcation
	lesion	lesion
Target vessel failure	0.30	1.00
All-cause death	0.28	1.00
Cardiac death	0.91	1.00
Myocardial infarction	0.37	0.04
Target-vessel related	0.69	0.04
Stroke	0.48	1.00
Any revascularisation	0.75	1.00
TVR	0.63	1.00
TLR	0.61	1.00
Definite / probable ST	1.00	0.74

# Supplementary Table 4. Adjusted pairwise comparisons.

Target vessel failure including cardiac death, target-vessel related myocardial infarction and TVR. TVR=target vessel revascularisation; TLR=target lesion revascularisation; ST=stent thrombosis.

		Bifurcation lesion treated		Ostial lesion	Bifurcation lesion treated with	
3-year clinical outcomes	Ostial lesion N = 627	with two-stent strategy	P value	N = 627	provisional stent strategy	P value
	$\mathbf{N} = 027$	$\mathbf{N}=1020$		$\mathbf{N} = 027$	N = 2730	
Target vessel failure	7.8% (47)	10.7% (109)	0.03	7.8% (47)	8.6% (234)	0.38
All-cause death	2.8% (17)	2.8% (29)	0.88	2.8% (17)	4.1% (112)	0.10
Cardiac death	1.6% (10)	1.6% (16)	0.97	1.6% (10)	2.4% (66)	0.21
Myocardial infarction	1.9% (12)	5.4% (55)	0.001	1.9% (12)	3.9% (107)	0.01
Target-vessel related	1.8% (11)	5.1% (52)	0.001	1.8% (11)	3.6% (99)	0.02
Stroke	1.3% (8)	1.2% (12)	0.65	1.3% (8)	1.5% (42)	0.85
Any revascularisation	8.7% (53)	7.7% (79)	0.61	8.7% (53)	8.0% (218)	0.70
TVR	5.5% (33)	6.0% (61)	0.54	5.5% (33)	4.5% (123)	0.42
TLR	3.7% (22)	3.5% (36)	0.98	3.7% (22)	2.9% (78)	0.39
Definite / probable ST	1.0% (6)	1.4% (14)	0.46	1.0% (6)	1.6% (44)	0.22

# Supplementary Table 5. Sensitivity analysis of patients receiving a 2-stent or provisional stent strategy.

Percentages are Kaplan-Meier estimates. Target vessel failure including cardiac death, target-vessel related myocardial infarction and TVR. TVR=target vessel revascularisation; TLR=target lesion revascularisation; ST=stent thrombosis.

	Univariate an	alysis	Multivariate a	nalysis
	HR (95% CI)	р	HR (95% CI)	р
Cardiac death or myocardial infarction				
Age	1.00 (0.94, 1.06)	0.94	0.94 (0.88, 1.01)	0.10
Male	1.21 (0.41, 3.61)	0.73	1.26 (0.39, 4.10)	0.70
Body mass index	1.02 (0.87, 1.20)	0.82	1.14 (0.93, 1.41)	0.21
Current smoking	0.63 (0.18, 2.26)	0.48	-	-
Previous myocardial infarction	1.32 (0.37, 4.73)	0.67	-	-
Diabetes mellitus	0.98 (0.31, 3.13)	0.98	-	-
Family history of CAD	0.42 (0.05, 3.18)	0.40	-	-
Hypertension	1.43 (0.48, 4.26)	0.52	-	-
Peripheral artery disease	0.96 (0.13, 7.37)	0.97	-	-
Acute coronary syndromes	0.83 (0.29, 2.38)	0.73	-	-
Left ventricular ejection fraction, %	0.95 (0.90, 1.02)	0.15	0.96 (0.90, 1.03)	0.29
Creatinine clearance	0.99 (0.97, 1.01)	0.24	0.99 (0.95, 1.00)	0.09
Number of diseased vessels	1.47 (0.87, 2.47)	0.15	-	-
Moderate or heavy calcification	0.63 (0.08, 4.78)	0.65	1.33 (0.15, 11.8)	0.80
Number of stents per patient	1.10 (0.71, 1.71)	0.66	-	-
Total disease length (patient level)	0.96 (0.90, 1.02)	0.15	-	-
LM mean stent diameter	1.20 (0.43, 3.39)	0.73	-	-
Drug-eluting stent generation	0.62 (0.25, 1.51)	0.30	-	-
Restenotic lesion	-	-	-	-
IABP insertion	1.86 (0.24, 14.2)	0.55	-	-
Treatment of non-LM lesions	2.47 (0.86, 7.13)	0.11	-	-
Procedural complication	15.5 (4.33, 55.6)	<0.0001	12.8 (3.21, 50.7)	<0.0001
IVUS utilization	0.71 (0.24, 2.13)	0.54	0.85 (0.24, 2.97)	0.80
Residual SYNTAX score	1.03 (0.94, 1.13)	0.48	1.02 (0.93, 1.13)	0.66
Baseline SYNTAX score	1.03 (0.96, 1.11)	0.41	-	-

# Supplementary Table 6. Independent risk factors for the secondary endpoints in patients with LM ostial stenosis.

Year of percutaneous coronary intervention performance	0.78 (0.67, 0.90)	0.001	0.79 (0.66, 0.94)	0.00
arget vessel revascularisation				
Age	0.95 (0.92, 0.99)	0.006	0.99 (0.94, 1.04)	0.61
Male	0.39 (0.15, 1.00)	0.05	0.29 (0.10, 0.89)	0.03
Body mass index	1.01 (0.90, 1.12)	0.90	0.96 (0.83, 1.12)	0.61
Current smoking	1.34 (0.66, 2.73)	0.42		
Previous myocardial infarction	1.30 (0.56, 2.99)	0.54		
Diabetes mellitus	1.10 (0.52, 2.31)	0.80		
Family history of CAD	1.22 (0.50, 2.95)	0.66		
Hypertension	1.07 (0.54, 2.13)	0.85		
Peripheral artery disease	0.82 (0.20, 3.44)	0.79		
Acute coronary syndromes	1.14 (0.57, 2.27)	0.71		
Left ventricular ejection fraction, %	0.99 (0.95, 1.05)	0.83	0.99 (0.93, 1.05)	0.60
Creatinine clearance	1.02 (1.01, 1.03)	0.005	1.02 (1.00, 1.04)	0.03
Number of diseased vessels	1.07 (0.77, 1.47)	0.69		
Moderate or heavy calcification	0.52 (0.12, 2.16)	0.37	0.38 (0.05, 2.95)	0.30
Number of stents per patient	1.09 (0.82, 1.45)	0.57		
Total disease length (patient level)	1.00 (0.98, 1.02)	0.84		
LM mean stent diameter	0.90 (0.46, 0.99)	0.048	0.25 (0.09, 0.85)	0.03
Drug-eluting stent generation	0.62 (0.35, 1.11)	0.11		
Restenotic lesion	1.62 (0.22, 11.8)	0.64		
IABP insertion	0.76 (0.10, 5.57)	0.79		
Treatment of non-LM lesions	1.19 (0.59, 2.39)	0.63		
Procedural complication	-	-		
IVUS utilization	0.95 (0.48, 1.90)	0.89	1.62 (0.73, 3.60)	0.23
Residual SYNTAX score	1.01 (0.94, 1.08)	0.86	1.02 (0.94, 1.10)	0.70
Baseline SYNTAX score	1.00 (0.95, 1.05)	0.99		
Year of percutaneous coronary intervention performance	0.98 (0.88, 1.08)	0.65	0.95 (0.84, 1.07)	0.37

HR=hazard ratio; CI=confidence interval; IVUS=intravascular ultrasound; other abbreviations as in Table 2.

		Cardiac death	MI	TVR/TLR
GISE-SICI <sup>17</sup>	Ostial/shaft	2 years: 8.0%	2 years: 5.0%	2 years TLR: 8.0%
	Bifurcation	2 years: 6.0%	2 years: 4.0%	2 years TLR: 13.0%
<b>RESEARCH and T-</b>	Ostial/shaft	1.6 years: Death/MI: 8.0%		1.6 years TVR: 3.0%
SEARCH Registry <sup>20</sup>	Bifurcation	1.6 years: Death/MI: 17.0%		1.6 years TVR: 13.0%
DELTA Registry <sup>7</sup>	Ostial/shaft	3 years: 5.4%	3 years: 3.9%	3 years TLR: 6.0%
	Bifurcation	3 years: 6.5%	3 years: 3.2%	3 years TLR: 12.6%

Supplementary Table 7. Comparisons with other studies.