

Incidence and predictors of acute kidney injury in patients undergoing proximal protected carotid artery stenting



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KEYWORDS

- carotid and super-aortic disease
- carotid stenting
- contrast-induced nephropathy

Abstract

Aims: Many studies have analysed the occurrence of acute kidney injury (AKI) after percutaneous coronary intervention (PCI) but there are limited data relating to AKI risk in patients undergoing carotid artery stenting (CAS). The aim of this study was to determine the incidence and predictors of AKI in patients undergoing proximal protected CAS.

Methods and results: We analysed 456 patients undergoing proximal protected CAS. A binomial multivariate logistic model was developed including patients' clinical and angiographic/procedural characteristics. AKI (defined as an sCr increase ≥ 0.3 mg/dl or ≥ 1.5 -fold sCr increase from baseline or more than 50% increase from baseline, within 48 hours post procedure) occurred in 155 patients (34%). AKI patients were more frequently affected by hypertension, diabetes, dyslipidaemia and anaemia, and presented lower renal function at baseline. Higher contrast volume to creatinine clearance ratio (2.40 ± 1.44 vs. 2.08 ± 1.15 ; $p=0.01$), lower post-procedural mean arterial pressure (MAP) (94.3 ± 17.7 vs. 99.6 ± 18.5 mmHg; $p=0.003$) and a more frequent post-procedural systolic pressure drop (Δ SBP >50 mmHg) (23.9% vs. 14.3%, $p=0.01$) were observed in the AKI group of patients. At multivariate analysis, independent predictors of AKI were Δ SBP >50 mmHg, diabetes mellitus and dyslipidaemia.

Conclusions: AKI can occur quite frequently after proximal protected CAS and is related to clinical and procedural features. These data should be confirmed in larger registries or randomised trials.

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Abbreviations

AKI	acute kidney injury
CAS	carotid artery stenting
CCA	common carotid artery
CEA	carotid endarterectomy
ECA	external carotid artery
EPD	embolic protection device
ICA	internal carotid artery
PCI	percutaneous coronary intervention

Introduction

Carotid artery stenting (CAS) is considered to be a reasonable alternative to carotid endarterectomy (CEA), particularly in patients at high risk for CEA¹. Expert consensus suggests that the use of embolic protection devices (EPD) reduces the risk of stroke during CAS¹. Among the EPD that are in clinical use, proximal EPD have the theoretical advantage of providing embolic protection during all phases of the intervention² and are associated with a reduced occurrence of post-procedural cerebral new ischaemic lesions, when compared to distal protection devices³.

Post-CAS acute kidney injury (AKI) can have a variety of causes, such as the administration of iodinated contrast media that could injure the renal tubular cells, hypotension that decreases in renal perfusion or atheroembolism that can result in kidney ischaemia⁴.

Although much has been published concerning the epidemiology of AKI in the setting of coronary and other cardiac interventions, there are limited data dealing with AKI risk in patients undergoing distal protected CAS⁵; no data are available for patients undergoing proximal protected CAS.

The aim of this study was to evaluate the incidence and predictors of AKI in patients undergoing proximal protected CAS.

Methods

PATIENT POPULATION

From January 2013 to March 2015, 456 consecutive patients undergoing CAS using proximal EPD at our institution were prospectively enrolled in this registry.

Inclusion criteria included the degree of internal carotid artery (ICA) stenosis, determined by angiography according to the North American Symptomatic Carotid Endarterectomy Trial Criteria: 1) asymptomatic stenosis >80%, and 2) symptomatic stenosis >50%⁶.

Symptomatic was defined as a carotid stenosis associated, within six months before the intervention, with amaurosis fugax, ipsilateral hemispheric transient ischaemic attack, or ipsilateral ischaemic stroke not resulting in a major residual neurological deficit (stroke scales: Barthel score ≤ 60 , National Institutes of Health Stroke Scale score ≥ 15 , or Rankin Scale score >3)⁷.

Patients with the following criteria were excluded⁷: presence of a critical stenosis of the ipsilateral common carotid artery (CCA), contraindication to thienopyridines, recent (<72 hrs) administration of iodinated contrast, refusal to provide informed consent before enrolment.

Smokers included current and former smokers. Hypertension was diagnosed if the systolic arterial pressure was >140 mmHg and/or diastolic arterial pressure was >90 mmHg on repeated measurements or if the patient used antihypertensive drugs⁸. Hypercholesterolaemia was diagnosed if plasma total cholesterol was >200 mg/dl, plasma low-density lipoprotein cholesterol was >130 mg/dl, or if the patient used lipid-lowering drugs because of a history of hypercholesterolaemia⁸. Diabetes mellitus was diagnosed if plasma fasting glucose was >126 mg/dl or if the patient used hypoglycaemic agents⁸. Coronary artery disease was defined as history of previous disease or presence of coronary obstruction during angiography during the same admission. Estimated glomerular filtration rate (eGFR) was calculated applying the Modification of Diet in Renal Disease formula⁹, and moderate-to-severe chronic kidney disease (CKD) was diagnosed if it was <60 ml/min/1.73 m².

CAS PROCEDURE

All procedures were performed percutaneously with the patient under local anaesthesia. Heart rate and blood pressure were assessed continuously during the procedure, which has been described in detail previously⁶. The Mo.Ma™ system (Medtronic, Minneapolis, MN, USA) was adopted as proximal EPD. Only self-expanding carotid stents were deployed (Carotid WALLSTENT™ [Boston Scientific, Marlborough, MA, USA], Xact® [Abbott Vascular, Santa Clara, CA, USA], PRECISE® [Cordis, Cardinal Health, Milpitas, CA, USA], Acculink® [Abbott Vascular], and Cristallo Ideale™ [Medtronic]).

During the procedure, only non-ionic contrast media was used, either low-osmolar contrast (Iomeron® [Bracco Diagnostics Inc., Monroe Township, NJ, USA], Omnipaque™ [GE Healthcare, Waukesha, WI, USA], Ultravist [Schering AG, Berlin, Germany], Xenetix® [Guerbet, Villepinte, France]), or an iso-osmolar one (Visipaque [GE Healthcare]).

Blood pressure was measured non-invasively before and after the procedure, when the patient was in the ward. An invasive blood pressure monitoring was adopted during the procedure and until the patient was in the catheterisation laboratory.

CONCOMITANT THERAPY

All patients received aspirin (75 to 160 mg/day) and should have been on ticlopidine (250 mg twice daily) for at least seven days. Alternatively, patients received a clopidogrel preload (300 mg) 24 hours before the procedure. After the procedure, thienopyridines were continued for at least three months, whereas aspirin was prescribed lifelong.

For anticoagulation, 70 to 100 IU/kg of heparin was administered before wiring the external carotid artery (ECA), with the intention of achieving an activated clotting time (ACT) of >250 s. Additional heparin was administered at the operator's discretion according to ACT values¹⁰.

As prophylactic therapy for AKI prevention, all patients were pre-treated with fluid infusion (NaCl 0.9% 1 ml/kg/hr) at least in the 24 hours before the procedure¹¹ and for at least 24 hours post procedure. During the procedure, they received atropine before

stent post-dilation in order to prevent the occurrence of carotid sinus manipulation-induced bradycardia and hypotension.

POST-PROCEDURAL PATIENT MANAGEMENT AND FOLLOW-UP

Femoral sheaths were removed when the ACT was <150 s. Access-site haemostasis was achieved by manual compression in all patients.

Serum creatinine was measured the day before procedure and post procedure (24 and 48 hours). In those patients in whom a non-AKI diagnostic increase in serum creatinine was detected at 48 hours, an additional serum creatinine measurement was performed at 72 hours. The higher creatinine value detected among post-procedural measurements was considered the creatinine peak. A complete blood count was obtained before the CAS procedure and before hospital discharge.

All patients received a follow-up clinical assessment at one month. Clinical examination assessed overall general condition, neurological signs and symptoms, medications, hospitalisations, or any type of complication that occurred after the procedure.

CLINICAL OUTCOME

Acute kidney injury was defined as an sCr increase ≥ 0.3 mg/dl (≥ 26.4 $\mu\text{mol/l}$) or a ≥ 1.5 -fold sCr increase from baseline or more than 50% increase from baseline¹², within 48 hours post procedure.

DEFINITIONS

The primary endpoint of the study was the incidence of AKI post procedure.

Secondary endpoints were the incidence of major adverse cardiovascular and cerebrovascular events (MACCE), including death, myocardial infarction, and any stroke in-hospital and at 30 days.

Occlusion intolerance (OI) was defined as any transient neurological deficit observed during occlusion time but showing a complete recovery within 20 minutes after restoring antegrade flow⁷.

Occlusion time (time of flow blockage) was defined as the time from the inflation to the deflation of the proximal balloon in the ICA⁷. Technical success was defined as the ability to implant a carotid stent successfully with a residual ICA stenosis <30%. Procedural success was defined as technical success without the occurrence of MACCE⁷.

Neurological complications were classified as one of the following: 1) minor stroke, defined as a new neurological deficit that resolved completely within 30 days or an increase in the National Institutes of Health Stroke Scale score of >3; and 2) major stroke, defined as a new neurological deficit that persisted for >30 days or an increase in the National Institutes of Health Stroke Scale score of >4¹³.

High surgical procedural risk was defined as the presence of any of the following: clinically significant cardiac disease, severe pulmonary disease, contralateral ICA occlusion, contralateral recurrent laryngeal nerve palsy, previous radical neck surgery or radiotherapy, recurrent stenosis after CEA and age >80 years⁷.

Patients were considered at high surgical risk if they presented with at least ≥ 1 high surgical procedural risk criterion¹.

Anaemia was defined as haematocrit value <39% in males and <36% in females.

Haemodynamic depression was considered present if systolic blood pressure decreased below 90 mmHg during or within 24 hours after the stent implantation procedure¹⁴.

Post-procedural systolic pressure drop (ΔSBP) was considered relevant if >50 mmHg⁵.

Maximum contrast dose was defined as five times body weight (kg) divided by the serum creatinine value⁵.

Contrast ratio was defined as the ratio between the actual volume of contrast received by the patient and the maximum contrast dose⁵. High contrast volume was defined as a contrast ratio >1⁵.

STATISTICAL ANALYSIS

Statistical analyses were performed using SPSS, Version 23.0 (IBM Corp., Armonk, NY, USA). Variables were expressed as absolute numbers and percentages or mean \pm SD. Comparisons between groups were made with the t-test for unpaired samples or the chi-square test when appropriate. Univariate analysis was performed to verify independent associations between baseline characteristics and AKI development. Significant associations at univariate analysis were included in a binomial multivariate logistic model.

Interaction analysis was performed to evaluate consistency of the multivariate model and independent associations. For all the analyses, a p-value ≤ 0.05 was considered statistically significant.

Results

The patient population enrolled (N=456) in this study exhibited a robust prevalence of cardiovascular risk factors and almost half of the patients were at high surgical risk for CEA (n=226; 49.6%). Almost one fifth of the patients underwent CAS due to symptomatic cerebrovascular disease (N=82; 18%). A moderate-to-severe chronic kidney disease (CKD = eGFR <60) was evident in 107 patients (23.5%).

Contrast media type use, either low-osmolar or iso-osmolar, was comparable between patients with AKI and patients without AKI.

A mean dose of 130 ml of contrast media was administered which resulted in a mean contrast volume/CrCl ratio of 2.2; only in 45 patients did the ratio exceed 3.7, and only seven patients received a high contrast load (1.5%).

Technical success was achieved in all patients. Occlusion intolerance occurred in 138 patients (30.3%) while haemodynamic depression occurred in 33 patients (7.2%). No patients died during the hospital stay and one patient had a minor stroke. The cumulative incidence of death and stroke was 0.2%; consequently, the procedural success rate was 99.8%.

Serum creatinine was detected in every patient up to 48 hours post procedure. AKI occurred in 141 patients at 24 hours (30.9%), and in 155 patients (34%) at 48 hours. In those patients in whom a non-AKI diagnostic rise in serum creatinine was detected at 48 hours, an additional serum creatinine measurement was performed at 72 hours. No additional patients experienced AKI between 48 and 72 hours post procedure.

The incidence of death and stroke in patients experiencing AKI post procedure (**Table 1**) was negligible and comparable with the

Table 1. Characteristics of patients according to AKI occurrence.

		Overall cohort (456)	Not-AKI group 66% (301)	AKI group 34% (155)	p-value	
		Percentage (n) or mean±SD	Percentage (n) or mean±SD	Percentage (n) or mean±SD		
General characteristics	Age (years)	71.2±8.0	70.8±8.1	71.9±7.8	0.2	
	Age ≥80 (years)	16.2 (74)	16.3 (49)	16.1 (25)	0.5	
	Male	70.4 (321)	68.1 (205)	74.8 (116)	0.1	
	Serum creatinine (mg/dL)	1.05±0.46	0.99±0.32	1.17±0.63	0.001	
	eGFR (mL/min/1.73 m ²)	76.7±23.5	79.3±23.0	71.6±23.9	0.001	
	Creatinine clearance (ml/min)	71.3±25.6	73.8±25.8	66.5±24.6	0.004	
Risk factors	Smoking history	72.8 (332)	71.4 (215)	75.5 (117)	0.4	
	Hypertension	91.2 (416)	88.7 (267)	96.1 (149)	0.008	
	Dyslipidaemia	79.6 (363)	76.4 (230)	85.8 (133)	0.02	
	Diabetes mellitus	33.5 (153)	33.5 (153)	41.2 (64)	0.01	
	High surgical risk	49.6 (226)	47.8 (144)	52.9 (82)	0.3	
Comorbidity	CAD	61.8 (282)	60.1 (181)	65.2 (101)	0.3	
	Previous AMI	3.5 (16)	2.99 (9)	4.5 (7)	0.4	
	Symptomatic CVD	18.0 (82)	19.3 (58)	15.5 (24)	0.3	
	Anaemia	24.3 (111)	19.6 (59)	33.5 (52)	0.001	
	CKD	23.5 (107)	19.9 (60)	30.3 (47)	0.01	
Medications	Antiplatelet agents	100 (456)	100 (301)	100 (155)	–	
	Beta-blockers	44.9 (205)	45.2 (136)	44.5 (69)	0.9	
	RAS inhibitor	75.2 (343)	72.4 (218)	80.6 (125)	0.05	
	Statins	74.1 (338)	72.1 (217)	78.1 (121)	0.1	
Carotid features	ICA stenosis ≥90%	30.0 (137)	29.9 (90)	30.3 (47)	0.9	
	Contralateral ICA stenosis	8.8 (40)	8.0 (24)	9.8 (15)	0.5	
	Contralateral ICA occlusion	5.5 (25)	5.3 (16)	5.2 (8)	0.9	
Procedural features	Stent design	Closed cell	17.7 (81)	19.3 (58)	14.5 (23)	0.1
		Open cell	46.9 (214)	47.8 (144)	45.2 (70)	
		Hybrid	35.3 (161)	32.9 (99)	40.0 (62)	
	Predilatation	54.2 (247)	51.8 (156)	58.7 (91)	0.2	
	Occlusion intolerance	30.3 (138)	29.2 (88)	32.2 (50)	0.5	
	Contrast media type	Non-ionic low-osmolar	51.3 (234)	50.8 (153)	52.2 (81)	0.7
		Non-ionic iso-osmolar	48.7 (222)	49.1 (148)	47.7 (74)	
	Contrast media volume (ml)	134.3±46.8	134.2±46.2	134.4±48.1	0.9	
	Contrast volume/CrCl ratio (s)	2.19±1.26	2.08±1.15	2.40±1.44	0.01	
	High contrast load	1.5 (7)	1.0 (3)	2.6 (4)	0.2	
High V/CrCl (≥3.7)	9.9 (45)	8.0 (24)	13.5 (21)	0.06		
Pressure variations	Haemodynamic depression	7.2 (33)	5.6 (17)	10.3 (16)	0.07	
	MAP pre (mmHg)	111.5±13.7	111.4±14.0	111.6±13.0	0.8	
	MAP post (mmHg)	97.8±18.4	99.6±18.5	94.3±17.7	0.003	
	ΔSBP ≥50 (mmHg)	17.5 (80)	14.3 (43)	23.9 (37)	0.01	
Renal features post procedure	Serum creatinine peak (mg/dL)	1.39±0.80	1.10±0.31	1.94±1.11	0.0001	
	eGFR post (mL/min/1.73 m ²)	59.1±21.5	68.5±18.4	40.7±14.2	0.0001	
	Creatinine clearance post (ml/min)	56.8±23.2	65.1±22.0	40.8±15.8	0.0001	
Clinical events	MACE	Death	0	0	0	–
		Stroke	0.2 (1)	0.3 (1)	0	0.47

AKI: acute kidney injury; CAD: coronary artery disease; CKD: chronic kidney disease; CrCl: creatinine clearance; CVD: cerebrovascular disease; eGFR: estimated glomerular filtration rate; ICA: internal carotid artery; IP: intraprocedural; MACCE: major cardiovascular and cerebrovascular events; MAP post: mean arterial pressure post procedure; MAP pre: mean arterial pressure pre procedure; RAS: renin-angiotensin system; SD: standard deviation; V/CrCl: contrast volume/creatinine clearance ratio; ΔSBP: difference between systolic blood pressure pre and systolic blood pressure post procedure

rate observed in patients who did not experience a significant post-CAS serum creatinine increase ($p=0.47$).

We divided the patients into two groups: one group included those who developed AKI and the other group those who did not (**Table 1**). Notably, patients in the AKI group presented higher baseline serum creatinine values, lower eGFR and creatinine clearance, were more frequently hypertensive, dyslipidaemic, and anaemic, and had CKD and/or diabetes. A higher contrast volume to creatinine clearance ratio was observed in the patients who had AKI.

Haemodynamic assessment demonstrated lower post-procedural mean arterial pressure (MAP) and a more frequent post-procedural systolic pressure drop ($\Delta SBP >50$ mmHg)⁵ in the group of patients experiencing AKI.

The multivariate logistic regression analysis evaluating predictors of AKI is shown in **Table 2**. Among the statistically significant predictors, the most powerful independent predictor of AKI was $\Delta SBP >50$ mmHg. The presence of diabetes mellitus and dyslipidaemia also indicates a significantly higher risk of AKI development. No statistically significant interaction effect among variables included in the multivariate analysis was apparent.

Table 2. Multivariate logistic regression analysis of predictors of acute kidney injury after proximal protected carotid artery stenting.

	OR	95% CI	p-value
$\Delta SBP \geq 50$ mmHg	1.97	1.17-3.32	0.01
Diabetes mellitus	1.64	1.06-2.53	0.03
Dyslipidaemia	1.77	1.01-3.09	0.04

CI: confidence interval; OR: odds ratio; ΔSBP : difference between systolic blood pressure pre and systolic blood pressure post procedure

Discussion

This study demonstrates that the occurrence of AKI after proximal protected CAS¹⁵ is a frequent post-procedural complication that is independently predicted by a systolic post-procedural pressure drop >50 mmHg as well as by the presence of diabetes and/or dyslipidaemia.

Contemporary outcomes reported for almost a million consecutive patients undergoing percutaneous coronary intervention (PCI) at 1,253 sites participating in the National Cardiovascular Data Registry (NCDR) CathPCI registry indicated an overall rate of contrast-induced acute kidney injury (CI-AKI) of 7.1%¹⁶. Little is known about the risks of AKI in patients undergoing CAS. Recently, it has been reported that, out of 126 patients⁵ with pre-existing CKD undergoing distal protected CAS, AKI occurred in 17% of the cases. This complication could be predicted by the occurrence of haemodynamic depression (mostly due to hypotension) and not by the amount of contrast media administered⁵. This study refers only to patients with CKD⁵; no data are available on the role of haemodynamic depression and contrast media volume administration in the occurrence of AKI in non-CKD patients undergoing CAS.

In our experience, we have observed the highest rate of AKI occurrence ever reported (34%). At this time, we cannot provide a definitive explanation for this finding. Comparing our study to the above-mentioned study⁵, it is possible to identify some differences: administration of a slightly different amount of contrast media, the use of different prophylaxis strategies and the use of different EPD. In particular, the difference in contrast load is too small to consider this difference as a possible explanation for the different AKI incidence. It should also be noted that in the previous study⁵ contrast volume administration did not predict AKI occurrence. Regarding prophylaxis strategies, it should be borne in mind that, while in the study from Donahue et al a multifactorial strategy was adopted⁵ (hydration with sodium bicarbonate solution in patients with eGFR 30 to 59 ml/min/1.73 m² or hydration with normal saline plus NAC controlled by the RenalGuard[®] system [RenalGuard Solutions Inc., Milford, MA, USA] in patients with eGFR <30 ml/min/1.73 m²), in our study all patients were pre-treated only by hydration with NaCl 0.9% 1 ml/kg/hr.

In the light of the recent results of the AMACING trial¹⁷, which found no prophylaxis to be non-inferior to prophylactic intravenous hydration in the prevention of contrast-induced nephropathy, the prophylaxis adopted in our study can be claimed to be insufficient to prevent AKI and partially responsible for the higher AKI incidence observed in our study.

One further factor that can affect AKI occurrence is the use of proximal EPD, which requires the manipulation of larger catheters in the aorta. This can result in a higher risk of peripheral embolisation which, if it occurs in the kidney, can lead to a post-procedural reduction of the renal function. This may also have accounted for the higher observed incidence of AKI.

In our report, the group of patients experiencing AKI had a worse baseline renal function and was more frequently affected by CKD; despite this, none of the conditions resulted in being an independent AKI predictor. Similarly, the type of contrast (iso-osmolar or low-osmolar) did not affect the rate of AKI occurrence. Contrast volume administered was comparable in the two groups; however, due to a lower average renal function in the AKI group, the ratio between contrast volume and creatinine clearance was higher in the group of patients which experienced AKI. Nevertheless, neither absolute volume nor contrast volume/CrCl ratio resulted in being an independent predictor of AKI. This confirms the data available in patients with CKD undergoing distally protected CAS⁵ and underlines the necessity to understand better the actual relationship between contrast agents and AKI onset, at least in the setting of patients undergoing CAS. In the current literature, the relationship between contrast application and AKI remains controversial. Recent controlled studies have demonstrated that contrast media represents an AKI risk factor only in patients with a significant renal impairment^{18,19}.

A contrast volume/CrCl ratio >3.7 is a well-known independent predictor of increased creatinine value after PCI. We investigated whether the same ratio could be useful in case of proximally protected CAS. Despite the fact that a contrast volume/CrCl ratio >3.7 was twice as frequent in the AKI group, this difference did not

match the statistically relevant value, maybe due to the limited sample size of the study population. Thus, this finding should be further investigated in larger studies.

Finally, our study suggests that the operator must pay a great deal of attention to procedural details. If there is a systolic pressure drop >50 mmHg, the chance of having AKI is relatively high; therefore, the operator should be aware of this possibility and be ready to manage this haemodynamic depression. Avoidance of bradycardia and hypotension is an important part of the management of patients during CAS. This can be achieved by pre-treatment with atropine and cessation of antihypertensive drugs and phosphodiesterase inhibitors on the day of the procedure.

As previously suggested⁴, in order to manage the occurrence of hypotension or bradycardia promptly, intravenous dopamine should be prepared ready for infusion and isoproterenol should be available if bradycardia occurs despite anticholinergic pre-medication. If hypotension occurs, volume administration can also be used, with care not to overhydrate, which could lead to bladder distension and reflex vagal stimulation⁵.

To our knowledge there are no data in the literature supportive of this proposed strategy to prevent CAS-related haemodynamic depression. This could perhaps be considered the topic for future investigational studies.

Study limitations

The most important limitations are the size of the study population, which limits the power of multivariable logistic regression, and the topic itself, which deals with a group characterised by impaired kidney function, advanced age, higher cardiovascular risk profile, more frequent haemodynamic instability and higher contrast media volume. Absence of warranted periprocedural and post-procedural hydration should also be considered among the study limitations. Finally, the absence of serum creatinine collection at 30 days represents another noteworthy limitation because we do not know how many patients had recovered from renal dysfunction at that time point.

Conclusions

Our results suggest that the incidence of AKI in this category of patient is quite frequent. Diabetes and dyslipidaemia, as well as systolic pressure drop, represent independent predictors of AKI. The volume of contrast media administered does not seem to predict post-procedural AKI occurrence. The study findings should be considered hypothesis-generating ahead of a clinical trial.

Impact on daily practice

The occurrence of AKI after proximal protected CAS is quite frequent and seems to be more common in patients with diabetes and/or hypercholesterolaemia. The occurrence of a relevant reduction of post-procedural systolic pressure also increases the risk of AKI. CAS operators should be aware of this information in order to prevent and, eventually, promptly manage (i.e., fluid infusion, atropine or dopamine administration) this event.

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Conflict of interest statement

The authors have no conflicts of interest to declare.

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