# Computed tomography versus near-infrared spectroscopy for the assessment of coronary atherosclerosis

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**BACKGROUND:** Coronary computed tomography angiography (CCTA) has been proposed as an alternative to intravascular imaging for assessing plaque pathology.

**AIMS:** We aimed to assess the efficacy of CCTA against near-infrared spectroscopy-intravascular ultrasound (NIRS-IVUS) in evaluating atheroma burden and composition and for guiding coronary interventions.

**METHODS:** Seventy patients with a chronic coronary syndrome were recruited and underwent CCTA and NIRS-IVUS. The imaging data were matched, and the estimations of lumen, vessel wall and plaque dimensions and composition of the two modalities were compared. The primary endpoint of the study was the efficacy of CCTA in detecting lipid-rich plaques identified by NIRS-IVUS. Secondary endpoints included the performance of CCTA in evaluating coronary artery pathology in the studied segments and its value in stent sizing, using NIRS-IVUS as the reference standard.

**RESULTS:** In total, 186 vessels were analysed. The attenuated plaque volume on CCTA had weak accuracy in detecting lipid-rich plaques (58%; p=0.029). Compared to NIRS-IVUS, CCTA underestimated the lumen volume (309.2 mm<sup>3</sup> vs 420.4 mm<sup>3</sup>; p=0.001) and plaque dimensions (total atheroma volume 116.1 mm<sup>3</sup> vs 292.8 mm<sup>3</sup>; p<0.001 and percentage atheroma volume 27.67% vs 41.06%; p<0.001) and overestimated the lipid component (lipid core burden index 48.6 vs 33.8; p=0.007). In the 86 lesions considered for revascularisation, CCTA underestimated the reference vessel area (8.16 mm<sup>2</sup> vs 12.30 mm<sup>2</sup>; p<0.001) and overestimated the lesion length (23.5 mm vs 19.0 mm; p=0.029) compared to NIRS-IVUS.

**CONCLUSIONS:** CCTA has limited efficacy in assessing plaque composition and quantifying lumen and plaque dimensions and tissue types, which may potentially impact revascularisation planning.

KEYWORDS: intravascular ultrasound; MSCT; non-invasive imaging; stable angina

Intravascular imaging enables the accurate assessment of coronary artery pathology, evaluates the implications of novel pharmacotherapies on atheroma burden and morphology and assesses post-percutaneous coronary intervention (PCI) results especially in high-risk patients and complex lesions<sup>1</sup>. However, intravascular imaging is invasive, is usually used in patients with advanced coronary artery disease, does not allow assessment of the entire coronary tree, and is associated with both an increased cost and a small, albeit non-negligible, risk of complications<sup>2</sup>.

Non-invasive imaging, specifically coronary computed tomography angiography (CCTA), has emerged as an alternative imaging modality for assessing plaque pathology<sup>3</sup>. Histological studies have shown that CCTA has value in characterising plaque composition and burden and has been increasingly used to examine the potency of emerging pharmacotherapies and their effects on plaque morphology<sup>4</sup>. In parallel, there is an increased interest in the value of CCTA in guiding PCI<sup>5</sup>. Nevertheless, so far there has been no prospective study specifically designed to assess the efficacy of CCTA in assessing plaque composition, quantifying lumen and vessel wall dimensions and guiding revascularisation against state-of-the-art intravascular imaging.

#### Methods STUDY POPULATION

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The Evaluation of the Efficacy of Computed Tomographic Coronary Angiography in Assessing Coronary Artery Morphology and Physiology study (ClinicalTrials.gov: NCT03556644) is a prospective, multivessel coronary imaging study that was designed to compare CCTA and NIRS-IVUS estimations. The study protocol has been published previously<sup>6</sup>. In brief, 70 patients with a chronic coronary syndrome and obstructive coronary artery disease on invasive coronary angiography undergoing further assessment (pressure wire or intravascular imaging) or treatment with PCI were recruited. All patients underwent a CCTA, followed by multivessel NIRS-IVUS imaging assessment. The patients were then treated according to their clinical indication. The recruited patients provided written consent prior to enrolment. The study was approved by the local ethics committee (Research Ethics Committee [REC] reference: 17/SC/0566) and was performed in accordance with the Declaration of Helsinki. The NIRS-IVUS and CCTA data acquisition, analysis and coregistration are described in Supplementary Appendix 1.

#### Impact on daily practice

This is the first prospective study assessing the efficacy of optimal coronary computed tomography angiography (CCTA) in estimating the extent of coronary artery disease, quantifying plaque burden and composition and guiding percutaneous coronary interventions compared to state-ofthe-art near-infrared spectroscopy-intravascular ultrasound (NIRS-IVUS) imaging. In our study, the necrotic core volume in CCTA had moderate efficacy in detecting lipidrich plaques. CCTA also underestimated lumen and plaque dimensions in the segments that had been assessed by both modalities and had limited efficacy in assessing plaque composition. In lesions that were revascularised, CCTA underestimated the reference vessel area and was unable to accurately estimate lesion length and, thus, indicated implantation of smaller stents compared to NIRS-IVUS.

#### DATA ANALYSIS AND STUDY ENDPOINTS

#### PRIMARY ENDPOINT

The primary endpoint of this study is the efficacy of plaque composition on CCTA in detecting lipid-rich plaque, using NIRS-IVUS as the reference standard. A plaque on NIRS-IVUS was defined as a segment with plaque burden (PB)  $\geq 40\%$  over three consecutive frames<sup>7</sup>. Plaques were considered separate if there was a segment with a length of >5 mm between them. In CCTA, there is no established PB cutoff to define plaques. Therefore, in this study, receiver operating characteristic (ROC) curve analysis was performed to identify the optimal PB cutoff that predicted a PB  $\geq 40\%$ on NIRS-IVUS. This was used to define plaques on CCTA similarly to NIRS-IVUS (i.e., a segment with at least three consecutive frames with increased PB). In total, 50 vessels from 15 patients were randomly selected to identify the optimal PB cutoff for predicting plaques. This test set was also used to identify plaque components on CCTA that corresponded to the presence of lipid tissue on the 2 mm block chemogram on NIRS-IVUS8, and these plaque components were used to build a model that enabled prediction of the presence of lipid tissue on CCTA. The performance of the model to detect lipid-rich plaques - defined as a plaque with at least one yellow block chemogram - was tested in the remaining dataset (136 vessels). A further analysis was performed to examine the efficacy of CCTA to identify lipid-rich plaques with and without increased calcific component (defined as the presence of calcific tissue with an arc >90 on NIRS-IVUS)<sup>9</sup>.

Abbrev	Abbreviations								
BA	Bland-Altman	LoA	limits of agreement						
CaBI	calcific burden index	MLA	minimum lumen area						
CCTA	coronary computed tomography angiography	NIRS-IVUS	near-infrared spectroscopy-intravascular ultrasound						
DS	diameter stenosis	NPV	negative predictive value						
EEM	external elastic membrane	PAV	percentage atheroma volume						
HU	Hounsfield units	PB	plaque burden						
ICC	intraclass correlation coefficient	PPV	positive predictive value						
LCBI	lipid core burden index	TAV	total atheroma volume						

The secondary endpoints of the study included the following: 1. The agreement between NIRS-IVUS and CCTA for

1. The agreement between NIRS-IVUS and CCTA for quantifying the lumen, vessel wall and plaque dimensions, as well as plaque burden and composition at the segment level. For each segment of interest assessed by NIRS-IVUS and CCTA, the lumen, vessel, total atheroma (TAV) and percentage atheroma volumes (PAV) were estimated on NIRS-IVUS and CCTA and compared. Plaque composition comparison was performed using the lipid core burden index (LCBI), calcific burden index (CaBI) and maximum LCBI in a 4 mm segment (maxLCBI<sub>4mm</sub>).

2. The accuracy of CCTA in identifying high-risk lesions. Previous prospective NIRS-IVUS studies have shown that lesions with a large lipid content (maxLCBI<sub>4mm</sub> >325 and maxLCBI<sub>4mm</sub> >400)<sup>10,11</sup> on NIRS-IVUS are at risk of causing events. Therefore, we performed a further analysis to examine whether plaque components derived by CCTA can accurately predict these lesions.

3. The value of CCTA in guiding revascularisation. Intravascular imaging has an established role in identifying the optimal landing zone (based on the current consensus, segments with a PB <50%) and stent diameter defined by the external elastic membrane (EEM) diameter in the distal reference segment (rounded down by <0.5 mm)<sup>12</sup>. These criteria were used by the analyst who did the NIRS-IVUS analysis to determine the optimal stent size based on the NIRS-IVUS estimations for all lesions treated with PCI or that were considered for PCI and underwent functional assessment. In CCTA, there is no specific PB cutoff for identifying diseasefree landing zones. Therefore, as before, ROC curve analysis was performed in the test set of 50 vessels to identify the optimal PB cutoff on CCTA that predicted a PB >50% on NIRS-IVUS. This cutoff was used by the analyst who performed the CCTA segmentation to define the optimal stent size and diameter based on the CCTA annotations in lesions that were treated with or considered for revascularisation. Tandem lesions on CCTA, with interpolated disease-free segments with a length <10 mm, that corresponded to the same lesion on NIRS-IVUS were treated as a single lesion, and the stent length on CCTA was estimated from the proximal reference segment of the most proximal lesion and the distal reference segment of the most distal lesion. Moreover, we examined the efficacy of CCTA to assess plaque composition and identify compositional predictors associated with periprocedural complications and worse prognosis and, in particular, the presence of maxLCBI4mm >600, which has been found to be a predictor of microvascular obstruction post-PCI; we also evaluated its efficacy in identifying the presence of a vessel diameter <3.5 mm in calcific lesions, of circumferential calcification, and of an arc of calcium >270° for a length >5 mm, all of which are established predictors of stent underexpansion<sup>13,14</sup>.

#### Statistical analysis

Continuous variables are presented as median (interquartile range [IQR]) or mean±standard deviation (SD) – depending on their distribution – while categorical variables are presented as absolute values and percentages. The estimations of NIRS-IVUS and CCTA on the same subject were compared

using Wilcoxon signed-rank tests for continuous variables or the McNemar test for categorical variables. The agreement of the two modalities for continuous variables was tested using intraclass correlation coefficients (ICC) under a twoway random-effects model, considering absolute agreement and average measurements. The kappa statistic was used for agreement between categorical variables. The Pearson correlation coefficient was implemented to examine the linear relationship between the two modalities, and Bland-Altman (BA) analysis was used to assess bias and determine the limits of agreement (LoA) between CCTA and NIRS-IVUS measurements. In parametric BA analysis, the bias was calculated as the mean or median difference between the two approaches depending on distribution, while the LoA were defined as a range centred around the mean bias±1.96 x SD. For non-parametric BA analysis, the median bias and the 2.5<sup>th</sup>-97.5<sup>th</sup> percentiles were computed using quantile regression. We chose non-parametric BA analysis for the lesion- and segment-level analyses due to the small sample size and the non-normal distribution of the differences<sup>15,16</sup>. The association between two categorical variables was assessed by Cramer's V value.

For the study's primary endpoint, the volumes of three tissue types (necrotic core, fibrofatty, necrotic core + fibrofatty) from 50 vessels were estimated and compared with the presence of lipid tissue on the 2 mm block chemogram from NIRS-IVUS. ROC curve analysis was performed, and the area under the curve (AUC) was used to assess the performance of these three tissue categories in identifying lipid on the block chemogram. The necrotic core volume was found to perform best, and the optimal cutoff (1 mm<sup>3</sup>; 95% confidence interval [CI]: 0.84-1.36 mm<sup>3</sup>) was applied to the remaining dataset. The primary endpoint of the study – the efficacy of CCTA in detecting fibroatheroma classified on NIRS-IVUS – was assessed by diagnostic performance measures (AUC, sensitivity, specificity, positive [PPV] and negative [NPV] predictive values).

All statistical tests were two-tailed, and statistical significance was set at p<0.05; analyses were performed using R software, v. 4.2.2 (R Foundation for Statistical Computing ) using "lme4", "psych", "dplyr", "rms" and "ggplot2" packages.

#### Results

#### PATIENT BASELINE CHARACTERISTICS

The baseline characteristics of the 70 patients recruited in our study are summarised in **Supplementary Table 1**. CCTA images were reviewed by two independent experts who graded image quality. One patient was excluded because of poor image quality due to increased calcific burden. In addition, 9 vessels were excluded because of poor matching between CCTA and NIRS-IVUS. Therefore, in total 64 patients (186 vessels; 23,605 matched NIRS-IVUS and CCTA cross-sections) were included in the final analysis (**Supplementary Figure 1**).

## PRIMARY ENDPOINT: EFFICACY OF CCTA IN DETECTING LIPID-RICH PLAQUES

The necrotic core volume cutoff ( $\geq 1 \text{ mm}^3$ ), found to best predict the presence of lipid-rich block chemogram in 50 vessels, was

applied in the remaining dataset (49 patients, 136 vessels) to assess plaque phenotype. Of the 75 lipid-rich plaques detected by NIRS-IVUS, CCTA correctly detected 53 lipid-rich plaques but misclassified 44 others as lipid-rich. The sensitivity of CCTA was 70.7% (IQR 59-81%), specificity was 46.3% (IQR 35-58%), PPV was 55% (IQR 44-65%), NPV was 63% (IQR 50-75%) and accuracy was 58% (IQR 50-66%; p=0.010; AUC=0.585, 95% CI: 0.510-0.660; p=0.029).

CCTA showed a similar ability in detecting non-calcified lipid-rich plaques compared to calcified lipid-rich plaques with a sensitivity of 70.9% versus 66.7%, specificity 47.0% versus 40.6%, PPV 46.2% versus 9.0%, NPV 71.6% versus 93.0%, accuracy 56.4% versus 42.7% and AUC 0.590 versus 0.536; p=0.434, respectively.

### COMPARISON OF NIRS-IVUS AND CCTA AT THE SEGMENT LEVEL

In total, 186 vessels were included in the final analysis. The mean length of the studied segments was  $76.9\pm27.4$  mm. An

example of matched CCTA and NIRS-IVUS spread-out plots are shown in **Figure 1**. The ICC and the Pearson correlation coefficient were high for the lumen volume, vessel volume and TAV, moderate for the PAV and CaBI, and weak for the LCBI and maxLCBI<sub>4mm</sub> (**Table 1**). CCTA underestimated the lumen and vessel volumes, TAV and PAV, and overestimated the LCBI, but there was no difference between the two modalities for the CaBI or maxLCBI<sub>4mm</sub> (**Figure 2**). However, the LoA were wide for these latter two metrics (**Figure 3**).

#### CCTA FOR DETECTING HIGH-RISK LESIONS

In the 186 vessels that were assessed by NIRS-IVUS, 32 plaques had a maxLCBI<sub>4mm</sub> >400, and 40 plaques had a maxLCBI<sub>4mm</sub> >325. The accuracy of CCTA to detect highrisk plaques was moderate (**Central illustration**) and was not different for plaques with maxLCBI<sub>4mm</sub> >325 and maxLCBI<sub>4mm</sub> >400 (sensitivity: 63.5% and 68.1%; specificity: 67.4% and 65.6%; PPV: 47.1% and 37.6%; NPV: 80.2% and 87.1%; and AUC: 0.683 and 0.675; p=0.796, respectively).



segment of interest on CCTA. The spread-out plots displaying lipid and calcific tissue distribution are also displayed. The TAV, PAV, LCBI, CaBI and maxLCBI<sub>4mm</sub> estimations of both modalities are shown at the bottom. The cross-sections showing the MLA with the annotated lumen and vessel wall borders and the circumferential distribution of tissue types on NIRS-IVUS and CCTA are portrayed in the images on the right in (A) and (B). CaBI: calcific burden index; CCTA: coronary computed tomography angiography; LCBI: lipid core burden index; maxLCBI<sub>4mm</sub>: maximum LCBI in a 4 mm segment; MLA: minimum lumen area; NIRS-IVUS: near-infrared spectroscopy-intravascular ultrasound; PAV: percentage atheroma volume; PB: plaque burden; TAV: total atheroma volume

#### Table 1. Segment-level comparison of the estimations of NIRS-IVUS and CCTA imaging.

Estimations	NIRS-IVUS	ССТА	<i>p</i> -value	Median bias	r	<i>p</i> -value	ICC	<i>p</i> -value
Lumen volume,	420.4	309.2	0.001	(9578 LUA) 89.4	0.98	<0.001	0.97	<0.001
mm <sup>3</sup>	(223.8-612.8)	(1/6./-463.8)	0.001	(-52.9, 411.8)	(0.97-0.98)		(0.96-0.98)	10.001
Vessel volume, mm <sup>3</sup>	735.0 (385.2-1,059.4)	454.6 (247.5-672.1)	<0.001	251.3 (–7.2, 847.9)	0.95 (0.93-0.96)	<0.001	0.95 (0.94-0.96)	< 0.001
TAV, mm <sup>3</sup>	292.8 (149.4-465.2)	116.1 (64.9-229.7)	<0.001	139.9 (–61.1, 535.3)	0.80 (0.74-0.84)	< 0.001	0.86 (0.81-0.90)	< 0.001
PAV, %	41.06 (33.75-47.86)	27.67 (20.61-37.17)	<0.001	10.60 (–10.94, 31.60)	0.48 (0.36-0.58)	<0.001	0.64 (0.52-0.73)	<0.001
LCBI	34 (5-91)	49 (11-126)	0.007	–10 (–524, 175)	0.18 (0.04-0.32)	0.012	0.26 (0.14-0.45)	0.020
MaxLCBI <sub>4mm</sub>	228 (60-407)	240 (53-549)	0.182	–30 (–716, 510)	0.33 (0.19-0.45)	<0.001	0.48 (0.30-0.61)	<0.001
CaBI	59 (17-131)	61 (16-130)	0.865	3.8 (–181.9, 150.3)	0.66 (0.57-0.73)	< 0.001	0.79 (0.73-0.85)	<0.001

Values are median (interquartile range) unless otherwise stated. CaBI: calcific burden index; CCTA: coronary computed tomography angiography; ICC: intraclass correlation coefficient; LCBI: lipid core burden index; LoA: limits of agreement; maxLCBI<sub>4mm</sub>: maximum LCBI in a 4 mm segment; NIRS-IVUS: near-infrared spectroscopy-intravascular ultrasound; PAV: percentage atheroma volume; r: Pearson's correlation coefficient; TAV: total atheroma volume



**Figure 2.** Segment-level analysis comparison of NIRS-IVUS and CCTA estimations for lumen volume, vessel volume, TAV, PAV, LCBI, CaBI and maxLCBI<sub>4mm</sub>. CaBI: calcific burden index; CCTA: coronary computed tomography angiography; LCBI: lipid core burden index; maxLCBI<sub>4mm</sub>: maximum LCBI in a 4 mm segment; NIRS-IVUS: near-infrared spectroscopy-intravascular ultrasound; PAV: percentage atheroma volume; TAV: total atheroma volume

#### CCTA FOR GUIDING REVASCULARISATION

Revascularisation with PCI or coronary artery bypass grafting (CABG) was performed in lesions with severe stenosis (angiographic diameter stenosis [DS] >90%) or in lesions with moderate stenosis (30-90%) and objective evidence of ischaemia on invasive or non-invasive imaging. In total, 86 lesions that were considered for revascularisation (Central illustration) were assessed by both NIRS-IVUS and CCTA (58 lesions treated with PCI, 7 lesions with CABG, and 21 lesions were found to be non-flow-limiting on functional assessment and were treated conservatively). In these lesions, the reference vessel area was larger on NIRS-IVUS (12.30 [IQR 9.17-16.0] mm<sup>2</sup> vs 8.16 [IQR 6.55-11.0] mm<sup>2</sup>; p<0.001), while lesion length was longer on CCTA (23.5 [IQR 14.0-39.3] mm vs 19.0 [IQR 11.6-32.7] mm; p=0.029) (Table 2). There was no agreement between the two modalities for the LBCI, while for the CaBI, the median values were similar, but the bias and the LoA were large between NIRS-IVUS and CCTA. CCTA showed moderate accuracy in identifying lesions with maxLCBI<sub>4mm</sub> >600 (accuracy 0.583), for detecting vessel diameter <3.5 mm (accuracy 0.613) in calcified lesions and circumferential calcification (accuracy 0.750) and good accuracy for detecting >270° arc of calcium for a length of >5 mm (accuracy 0.885) (Supplementary Table 2).

The results were different when analysis focused on lesions that were treated with PCI; their mean length by NIRS-IVUS was 19.7 (IQR 14.8-32.9) mm and by CCTA was 21.0 (IQR 14.3-36.3) mm; p=0.415. Although there was no significant difference in the estimated stent length between the two modalities, the LoA were large between NIRS-IVUS and CCTA estimations (Table 3). In addition, the distal reference vessel area on NIRS-IVUS was 11.70 (IQR 9.01-15.60) mm<sup>2</sup> and on CCTA was 7.83 (IQR 6.58-10.40) mm<sup>2</sup>; p<0.001. Based on these measurements, PCI guided by NIRS-IVUS would have resulted in the deployment of a stent with a mean diameter of 3.5 mm and post-dilatation with a 3.75 mm balloon, while using CCTA, the mean stent diameter would have been 3 mm, and post-dilatation would have been performed with a 3 mm balloon.



Figure 3. BA analyses of the mean differences between NIRS-IVUS and CCTA estimations at a segment level for lumen and vessel volumes, TAV, PAV, LCBI, CaBI and maxLCBI4mm. BA: Bland-Altman; CaBI: calcific burden index; CCTA: coronary computed tomography angiography; LCBI: lipid core burden index; maxLCBI<sub>4nm</sub>: maximum LCBI in a 4 mm segment; NIRS-IVUS: near-infrared spectroscopy-intravascular ultrasound; PAV: percentage atheroma volume; TAV: total atheroma volume

The location of the minimum lumen area (MLA) and the proximal and distal landing zones on NIRS-IVUS and CCTA in the 58 vessels treated with PCI are shown in Supplementary Figure 2. In 17 lesions, the difference in the distance of the proximal or distal landing zone between NIRS-IVUS and CCTA estimations was >5 mm; in 11 cases, CCTA indicated implantation of significantly longer stents, and in 8 cases, it indicated significantly shorter stents compared to NIRS-IVUS. The overestimation of the stent length with CCTA was mainly attributed to the presence of calcific plaques near the reference segment, resulting in an overestimation of the PB in these locations due to the blooming artefacts. Conversely, CCTA failed to detect fibrotic plaques seen on NIRS-IVUS, resulting in an underestimation of the stent length in fibrotic lesions with diffuse disease (Figure 4).

LCBI values derived from NIRS-IVUS were significantly lower than that of CCTA, but there was no significant difference in the CaBI values between the two modalities. The performance of CCTA in identifying a maxLCBI4mm >600 or calcific extent associated with stent underexpansion is shown in Supplementary Table 2.

#### Discussion

This is the first prospective study to examine the efficacy of CCTA in assessing coronary artery pathology using state-ofthe-art intravascular imaging as the reference standard. We found that (1) necrotic core volume measured by CCTA had a limited efficacy in detecting fibroatheromas, (2) CCTA had limitations in evaluating lumen and plaque dimensions and plaque composition, and (3) this resulted in suboptimal stent sizing in lesions considered for PCI.

Previous studies comparing NIRS-IVUS and CCTA have shown that CCTA has a value in assessing the lumen and vessel wall dimensions and quantifying plaque components<sup>17</sup>. The first studies showed that CCTA overestimated lumen dimensions<sup>18</sup>, but more recent reports have contradicted these

#### Central Illustration





findings, indicating that CCTA underestimates lumen area and PB19. Differences in CCTA scanners and reconstruction methods as well as limitations in image coregistration are likely to be responsible for the inconsistent results<sup>19-21</sup>. The present analysis overcomes the above limitations as it has been prospectively designed to examine the performance of CCTA in assessing lumen and vessel wall dimensions at the segment level and characterise plaque composition. In contrast to previous reports, this analysis was appropriately powered for the primary endpoint, and it was conducted using a 3rd-generation CT scanner. Furthermore, it implemented a thorough protocol for comparing CCTA and NIRS-IVUS estimations that involved (1) assessment of the entire coronary artery tree by NIRS-IVUS rather than specific vessels or lesions so as to avoid bias; (2) administration of the same amount of nitrates during NIRS-IVUS and CCTA imaging to have the same vasodilatory effect<sup>22</sup>; (3) use of an optimal CCTA reconstruction algorithm for data reconstruction that

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appears to perform better than the algorithms used in clinical practice<sup>19</sup>; and (4) the implementation of a retrospective gating method to identify the end-diastolic NIRS-IVUS frames in order to analyse only frames acquired at the same phase of the cardiac cycle<sup>23</sup> and avoid the effect of the change in coronary pressure during the cardiac cycle on the lumen and plaque dimensions and the backward-forward motion of the NIRS-IVUS probe during the cardiac cycle that can affect the quantification of the TAV and PAV and accurate CCTA coregistration<sup>24</sup>. In addition, all analyses were performed blindly, and we developed a dedicated software to match frame-by-frame the NIRS-IVUS and CCTA data (**Supplementary Figure 3**); we modified the output of the CCTA analysis and generated spread-out plots of plaque composition to compare this with the output of NIRS-IVUS.

We found a high agreement between CCTA and NIRS-IVUS for the lumen, vessel and plaque dimensions but also large biases, with the CCTA underestimating these metrics.

Estimations	NIRS-IVUS	CCTA	<i>p</i> -value	Median bias (95% LoA)	r	<i>p</i> -value	ICC	<i>p</i> -value
Lesion length, mm	19.0 (11.6, 32.7)	23.5 (14.0, 39.3)	0.029	-2.6 (-19.1, 4.3)	0.81 (0.72, 0.88)	<0.001	0.89 (0.84, 0.93)	<0.001
MLA*, mm <sup>2</sup>	2.22 (1.71, 3.21)	1.49 (0.76, 2.38)	<0.001	0.77 (–0.70, 2.20)	0.63 (0.47, 0.75)	<0.001	0.76 (0.64, 0.85)	<0.001
Reference lumen area, mm <sup>2</sup>	6.81 (4.87, 9.10)	6.30 (4.68, 9.02)	0.279	0.70 (–2.24, 3.28)	0.70 (0.56, 0.80)	< 0.001	0.82 (0.71, 0.89)	< 0.001
Reference vessel area, mm <sup>2</sup>	12.30 (9.17, 16.0)	8.16 (6.55, 11.0)	<0.001	4.01 (0.39, 8.60)	0.63 (0.46, 0.75)	<0.001	0.77 (0.63, 0.86)	<0.001
Maximum PB*, %	77.9 (72.2, 82.6)	78.0 (69.0, 87.3)	0.886	-0.3 (-15.4, 16.0)	0.48 (0.28, 0.64)	<0.001	0.63 (0.42, 0.76)	<0.001
LCBI	79 (34, 179)	149 (86, 283)	<0.001	–39 (–445, 130)	0.02 (–0.22, 0.25)	0.897	0.03 (–0.56, 0.39)	0.455
$MaxLCBI_{4mm}$	286 (128, 437)	449 (175, 721)	<0.001	–124 (–616, 326)	0.12 (–0.12, 0.34)	0.335	0.20 (–0.28, 0.50)	0.179
CaBI	195 (106, 310)	192 (81.3, 289)	0.001	26.0 (–83.0, 158)	0.66 (0.50, 0.77)	<0.001	0.79 (0.67, 0.87)	<0.001

Values are median (interquartile range) unless otherwise stated. \*Lesions that were predilated before NIRS-IVUS (n=6) were excluded from the MLA and the maximum PB analyses. CaBI: calcific burden index; CCTA: coronary computed tomography angiography; ICC: intraclass correlation coefficient; LCBI: lipid core burden index; LoA: limits of agreement; maxLCBI<sub>4mm</sub>: maximum LCBI in a 4 mm segment; MLA: minimum lumen area; NIRS-IVUS: near-infrared spectroscopy-intravascular ultrasound; PB: plaque burden; r: Pearson's correlation coefficient

Table 3. Com	parison of the	estimations of	of NIRS-IVUS	and CCTA in	1 lesions that	were treated	with PCI.
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Estimations	NIRS-IVUS	ССТА	<i>p</i> -value	Median bias (95% LoA)	r	<i>p</i> -value	ICC	<i>p</i> -value
Lesion length, mm	19.7 (14.8, 32.9)	21.0 (14.3, 36.3)	0.415	-2.6 (-10.9, 4.3)	0.90 (0.84, 0.94)	<0.001	0.95 (0.91, 0.97)	<0.001
MLA*, mm <sup>2</sup>	1.84 (1.63, 2.38)	1.20 (0.62, 2.20)	0.001	0.66 (–0.92, 1.72)	0.69 (0.50, 0.81)	<0.001	0.77 (0.61, 0.86)	<0.001
Reference lumen area, mm <sup>2</sup>	6.26 (4.75, 8.63)	5.87 (4.69, 8.41)	0.344	0.70 (–2.24, 2.05)	0.67 (0.48, 0.80)	<0.001	0.80 (0.65, 0.89)	<0.001
Reference vessel area, mm <sup>2</sup>	11.7 (9.01, 15.6)	7.83 (6.58, 10.4)	<0.001	3.86 (–0.53, 8.72)	0.55 (0.32, 0.72)	<0.001	0.70 (0.47, 0.83)	<0.001
Maximum PB*, %	80.3 (76.6, 83.8)	81.2 (70.5, 89.7)	0.825	-0.3 (-15.8, 16.2)	0.61 (0.40, 0.76)	<0.001	0.64 (0.39, 0.79)	0.002
LCBI	70 (29, 155)	178 (53, 290)	0.003	-33 (-464, 130)	-0.06 (-0.34, 0.23)	0.694	0.00 (–0.78, 0.44)	0.500
MaxLCBI <sub>4mm</sub>	290 (105, 427)	454 (148, 734)	0.006	–188 (–669, 335)	0.07 (–0.22, 0.35)	0.643	0.12 (–0.57, 0.51)	0.335
CaBI	190 (112, 296)	178 (58, 296)	0.004	34 (–93, 162)	0.66 (0.46, 0.79)	<0.001	0.79 (0.62, 0.88)	<0.001

Values are median (interquartile range) unless otherwise stated. \*Lesions that were predilated before NIRS-IVUS (n=6) were excluded from the MLA and the maximum PB analyses. CaBI: calcific burden index; CCTA: coronary computed tomography angiography; ICC: intraclass correlation coefficient; LCBI: lipid core burden index; LoA: limits of agreement; maxLCBI<sub>4mm</sub>: maximum LCBI in a 4 mm segment; MLA: minimum lumen area; NIRS-IVUS: near-infrared spectroscopy-intravascular ultrasound; PB: plaque burden; r: Pearson's correlation coefficient

Conversely, the correlation between the two modalities was weak for plaque components, with the CCTA overestimating both lipid and calcific components. BA analysis showed a large bias and wide LoA even for the calcific tissue, for which CCTA is regarded a reliable imaging modality. A careful examination of the spread-out plots showed that, in specific cases, the Hounsfield unit (HU) values in the lumen were high, resulting in a false classification of the defined plaque as calcific tissue. Replacing the tissue types in diseasefree segments by the media – an option that is provided by the analysis software – resulted in an improvement in the correlation between the two modalities for the calcific tissue; however, the LoA were still large as this adjustment did not enable correction of tissue misclassification in diseased segments (**Supplementary Figure 4**). These results underscore the limitations of software that use HU cutoffs to assess tissue composition and highlight the need to develop advanced machine-learning methods that will be trained either by histology or high-resolution intravascular imaging and will enable more accurate plaque characterisation<sup>25</sup>.

The limited agreement between CCTA and NIRS-IVUS for assessing plaque composition influenced its performance in detecting fibroatheromas. The necrotic core volume had moderate accuracy in detecting lipid-rich plaques. These



**Figure 4.** Case example of NIRS-IVUS- and CCTA-guided right coronary artery PCI. The treated lesion is shown on the coronary angiogram, along with CCTA and NIRS-IVUS longitudinal images. The location of the MLA on NIRS-IVUS (red) and CCTA (green) are different. The NIRS-IVUS proximal and distal reference areas are marked in yellow, while the CCTA proximal and distal reference areas are marked in blue. There was a significant difference in the landing zone estimations between NIRS-IVUS and CCTA; CCTA overestimated the PB in the calcific segment proximal to the lesion, while distally it missed a fibrotic plaque compared to NIRS-IVUS. CaBI: calcific burden index; CCTA: coronary computed tomography angiography; IVUS: intravascular ultrasound; MLA: minimum lumen area; NIRS-IVUS: near-infrared spectroscopy-intravascular ultrasound; PCI: percutaneous coronary intervention

findings are in line with a recent study by Tanisawa et al which showed that 40% of the low-attenuation plaques on CCTA were classified as non-lipid-rich plaques on NIRS-IVUS<sup>26</sup>. In addition, several retrospective analyses have shown that the attenuated plaque volume and the morphological features on CCTA can detect vulnerable plaques but with limited accuracy<sup>27,28</sup>. Radiomics analysis seems to provide an effective alternative to detect high-risk plaques<sup>29</sup>.

Finally, the limited efficacy of CCTA in assessing vessel dimensions affected its performance in guiding stent sizing. We found that CCTA would result in implantation of smaller stents and has limited efficacy in accurately determining stent length compared to NIRS-IVUS as the reference standard. Our results are in line with the findings of the P3 study<sup>30</sup> that reported a moderate correlation and wide LoA between the estimations of optical coherence tomography and CCTA for lesion length and reference vessel diameter. In addition, CCTA was weak in identifying lipid-rich plaques that were likely to cause no-reflow during revascularisation and moderate in characterising calcium extent that has been associated with stent underexpansion. The above findings are clinically relevant as they underscore the advantages and limitations of CCTA in guiding revascularisation and should be taken into account by ongoing but also future studies assessing the potential of CCTA in guiding PCI (ClinicalTrials.gov: NCT05253677).

#### Limitations

Although this study is the first prospective clinical study to enable a thorough evaluation of CCTA in assessing coronary artery pathology against high-resolution NIRS-IVUS imaging - which is U.S. Food and Drug Administration-approved for detecting high-risk lesions and patients - it has several limitations. First, it is a single-centre study; however, this facilitated the implementation of a robust protocol for image comparison and enabled NIRS-IVUS imaging of long segments. Additionally, CCTA imaging was performed with a 3<sup>rd</sup>-generation scanner using a specific reconstruction protocol; therefore, it is unclear whether these findings apply to previous-generation, or photon-counting, CT scanners and different reconstruction protocols. Moreover, patients with stable angina were included in this analysis, so it is unclear whether our findings apply to patients with acute coronary syndrome that have more advanced atherosclerotic plaques. Furthermore, this study enabled evaluation of the performance of CCTA in detecting lesion characteristics related to stent underexpansion but did not allow comparison of the score, as CCTA cannot detect the presence of calcific nodules, which are included in the IVUS score<sup>14</sup>. Moreover, stent sizing in lesions considered for revascularisation was performed based on specific PB cutoffs – derived after performing ROC curve analysis to find the best value that predicted a PB of 50% on IVUS; it is unclear whether these results would have been different if a different PB cutoff had been used for defining the landing zones on CCTA. However, considering that CCTA tends to overestimate lesion length in calcific lesions and underestimate its length in fibrotic lesions, we believe that a different cutoff is unlikely to have resulted in a high agreement between the estimations of the two modalities. Finally, although it is the largest study in the field, including >23,000 matched cross-sections, the number of the studied segments and lesions considered for revascularisation remains relatively small.

#### Conclusions

Our head-to-head comparison of CCTA and NIRS-IVUS showed that CCTA has limitations in detecting the lipid component, measuring the lumen and plaque dimensions and characterising plaque components. This may have an impact on its value in guiding revascularisation.

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#### Conflict of interest statement

The authors have no conflicts of interest to declare.

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#### Supplementary data

Supplementary Appendix 1. Data acquisition and analysis. Supplementary Table 1. Baseline demographics of the studied patients.

Supplementary Table 2. Accuracy of CCTA in assessing plaque features associated with microvascular obstruction or stent underexpansion on NIRS-IVUS imaging.

Supplementary Figure 1. Study flowchart.

Supplementary Figure 2. Estimations of NIRS-IVUS and CCTA for the MLA and the proximal and distal reference segments for the 58 cases that were revascularised with PCI. Supplementary Figure 3. NIRS-IVUS and CCTA coregistration software.

Supplementary Figure 4. A case example highlighting the limitations of Hounsfield unit-based plaque composition assessment.

The supplementary data are published online at: https://eurointervention.pcronline.com/ doi/10.4244/EIJ-D-24-00096



#### Supplementary data

#### Supplementary Appendix 1. Data acquisition and analysis.

#### NIRS-IVUS data acquisition

Coronary angiography and intravascular imaging were performed within 4 weeks following CCTA imaging according to local Barts Health NHS Trust protocol.<sup>6</sup> All patients received 400 micrograms of intracoronary nitrate prior to image acquisition. Following diagnostic coronary angiography, intravascular imaging (2.4F Makoto<sup>TM</sup> 35-65MHz, NIRS-IVUS imaging System, Infraredx, Burlington, USA) was performed in all 3 major epicardial vessels and their side branches with diameter  $\geq$ 2mm. The NIRS-IVUS catheter was advanced approximately 5mm distal to the most distal side branch seen on coronary angiography and it was then pulled-back to the ostium of the vessel at a constant speed of 0.5mm/s using an automated pullback device. Lesion pre-dilatation was performed with a 2mm semicompliant balloon, only in cases where there was a critical stenosis prohibiting advancement of the NIRS-IVUS imaging catheter. The NIRS-IVUS images were acquired at 30fps and transferred to workstation for offline analysis.

#### CCTA data acquisition

CCTA was performed using a  $3^{rd}$ -generation dual-source CT scanner prior to NIRS-IVUS imaging (Somatom Force, Siemens Healthineers, Forchheim, Germany).<sup>6</sup> All patients received sublingual nitroglycerin tablets (400 micrograms) and intravenous metoprolol (maximum 40mg) if their heart rate was >70 beats per minute. The CCTA scanning parameters included prospective ECG-triggered sequential scan mode, gantry rotation time of 250ms, 128 x 2 x 0.5mm collimation with z-flying focal spot for both detectors, minimum tube voltage of 100kV – as recommended by a recent consensus document on plaque assessment – defined by the CarekV algorithm and tube current determined by the scanner. The raw CCTA data were reconstructed using a medium smooth kernel (b40f), slice thickness 0.50mm with 0.30mm increments, and highest strength model-based iterative reconstruction (ADMIRE 5). This reconstruction approach was selected as it has been previously shown that it enables more accurate quantification of the vessel wall and plaque dimensions.<sup>19</sup>

#### Data analysis

#### NIRS-IVUS and CCTA analysis

Data analysis was performed by 3 expert operators to avoid bias. The coronary angiography, CCTA and NIRS-IVUS imaging data were reviewed by an expert cardiologist (1<sup>st</sup> analyst) who used anatomical landmarks and in particular, the origin of side branches to identify the segment of interest defined as the segment that had a lumen diameter 2mm on CCTA and was assessed by NIRS-IVUS. Stented segments and segments with artefacts or poor image quality were excluded from the analysis. NIRS-IVUS analysis was performed for the segments of interest by an independent expert (2<sup>nd</sup> analyst) with established reproducibility, blinded to the CCTA datasets.<sup>19</sup> Segmentation was performed using the QCU-CMS software (Version 4.69, Leiden, University Medical Center, The Netherlands). First, the NIRS-IVUS end-diastolic frames were automatically detected using an in-house deep-learning methodology,<sup>23</sup> and in these frames, the lumen and external elastic membrane (EEM) borders were manually annotated. The presence and circumferential extent of lipid core tissue in the analysed NIRS-IVUS frames were extracted from the chemogram, which is a two-dimensional colour-coded display of the presence of lipid core with X-axis showing the position along the length of the vessel and Y-axis showing the position along the circumference of the vessel. The presence of calcific tissue and its circumferential extent was also annotated, whenever this was present in NIRS-IVUS frames. This information was used to create a spread-out plot for each studied vessel that enabled evaluation of tissue distribution with the lipid tissue shown in yellow and the calcific in semi-transparent white colour while the fibrotic tissue was displayed in red colour (Figure 1).<sup>19</sup> These data were used to compute the lipid core burden index (LCBI) defined as the proportion of the spread-out plot portraying lipid tissue multiplied by 1000 and the calcific burden index (CaBI) that enables quantification of the calcific component. Moreover, the maxLCBI4mm was estimated, that reflects the maximum amount of lipid component in a 4mm segment.

The CCTA imaging data consisting of the segment of interest were analysed offline by an expert analyst (3<sup>rd</sup> analyst) with known reproducibility, blinded to the intravascular imaging analysis.<sup>19</sup> CCTA analysis was performed using a commercially available software (QAngioCT Research Edition 3.1, Medis Medical Imaging Systems, The Netherlands). The coronary tree was extracted and for the segments of

interest the expert manually annotated the lumen and vessel borders at every 0.5mm. Pre-specified software Hounsfield units (HU) cut-offs were used to characterise plaque composition and define the presence of necrotic core (-30 to 75HU) and calcific tissue (>350HU). Tissues distribution in the annotated CCTA images were plotted in a two-dimensional image similar to NIRS-IVUS with the x-axis portraying the longitudinal location and the y-axis, the circumferential distribution of the lipid and calcific tissue (Figure 1). For each segment, similar to NIRS-IVUS, the necrotic core and calcific tissue distribution were used to estimate the LCBI, CaBI and the maxLCBI<sub>4mm</sub>.

#### CCTA and NIRS-IVUS co-registration

The frame-by-frame matching of the CCTA and NIRS-IVUS imaging data was performed by the analyst that defined the segment of interest (1<sup>st</sup> analyst) using an in-house dedicated non-commercial software (QAngioCT IVUS Matcher, Medis Medical Imaging Systems Leiden, The Netherlands). This allowed simultaneous visualization of the CCTA and NIRS-IVUS cross-sectional images and identification of anatomical landmarks such as coronary ostia and side branches that were seen in both modalities. These were used to match corresponding cross-sections while linear interpolation was used for matching of frames in between cross-sections, enabling every end-diastolic NIRS-IVUS frame to be matched with a CCTA cross-section. This process that has been described previously in detail, enables exact matching of the NIRS-IVUS and CCTA data and identification of corresponding lesions.<sup>19</sup>

	Studied vessels
	(n=70)
Age (years)	62±9
Gender (male)	56 (80.0%)
Current smoker	5 (7.1%)
Family history of CAD	41 (58.6%)
Co-morbidities	
Diabetes mellitus	24 (34.3%)
Hypertension	39 (55.7%)
Hypercholesterolemia	48 (68.6%)
Renal failure*	4 (5.7%)
Previous PCI	15 (21.4%)
LV function	
Good LV function	66 (94.3%)
Impaired LV function**	4 (5.7%)
Studied vessels by NIRS-IVUS	
Total number of vessels	197
LAD/diagonal branches	67 (34.0%)
LCx/intermediate/obtuse marginal branches	81 (41.1%)
RCA	49 (24.9%)

Supplementary Table 1. Baseline demographics of the studied patients.

**Table footnote:** CAD, coronary artery disease; LAD, left anterior descending artery; LCx, left circumflex artery; LV, left ventricle; NIRS-IVUS, near-infrared spectroscopy–intravascular ultrasound; PCI, percutaneous coronary intervention.

\*Renal failure is defined as an estimated glomerular filtration rate of <60ml/min/1.73m<sup>2</sup>

\*\*Impaired LV function is defined as LV ejection fraction of <50%.

#### Supplementary Table 2. Accuracy of CCTA in assessing plaque features associated with microvascular obstruction or stent underexpansion on NIRS-

IVUS imaging.

NIRS-IVUS metrics	Specificity	Sensitivity	Positive predictive value	Negative predictive value	Accuracy
Lesions considered for revascularisation					
maxLCBI <sub>4mm</sub> >600	0.615 (0.486, 0.733)	0.286 (0.037, 0.710)	0.074 (0.009, 0.243)	0.889 (0.759, 0.963)	0.583 (0.461, 0.698)
Vessel diameter <3.5mm	1.000 (0.900, 1.000)	0.275 (0.146, 0.439)	1.000 (0.715, 1.000)	0.547 (0.417, 0.672)	0.613 (0.494, 0.724)
Circumferential calcification (360°)	0.857 (0.728, 0.941)	0.522 (0.306, 0.732)	0.632 (0.384, 0.837)	0.792 (0.659, 0.892)	0.750 (0.634, 0.845)
Length of >270 ° arc of calcium for >5mm	0.957 (0.781, 0.999)	0.333 (0.008, 0.906)	0.500 (0.013, 0.987)	0.917 (0.730, 0.990)	0.885 (0.698, 0.976)
Lesions treated with PCI					
maxLCBI <sub>4mm</sub> >600	0.545 (0.388, 0.696)	0.250 (0.006, 0.806)	0.048 (0.001, 0.238)	0.889 (0.708, 0.976)	0.521 (0.372, 0.667)
Vessel diameter <3.5mm	1.000 (0.877, 1.000)	0.304 (0.132, 0.529)	1.000 (0.590, 1.000)	0.636 (0.478, 0.776)	0.686 (0.541, 0.809)
Circumferential calcification (360°)	0.900 (0.735, 0.979)	0.611 (0.357, 0.827)	0.786 (0.492, 0.953)	0.794 (0.621, 0.913)	0.792 (0.650, 0.895)
Length of $>270^{\circ}$ arc of calcium for $>5mm$	0.938 (0.698, 0.998)	0.333 (0.008, 0.906)	0.500 (0.013, 0.987)	0.882 (0.636, 0.985)	0.842 (0.604, 0.966)

Table footnote: CCTA, computed tomography coronary angiography; LCBI, lipid core burden index; NIRS-IVUS, near infrared spectroscopy-intravascular

ultrasound.

#### Supplementary Figure 1. Study flowchart.



**Supplementary Figure 2.** Estimations of NIRS-IVUS and CCTA for the MLA and the proximal and distal reference segments for the 58 cases that were revascularised with PCI. Coronary angiogram showing the location of the treated lesion on the left, the longitudinal CCTA image on the top panel and the longitudinal IVUS image on the bottom panel. The blue lines in the longitudinal images indicate corresponding frames. The middle panel shows the MLA in NIRS-IVUS and CCTA, as well as the corresponding proximal and distal reference segments in both modalities. The locations of these frames are indicated with a straight line in the CCTA longitudinal image. In cases where there is a large discrepancy (>5mm) between NIRS-IVUS and CCTA for the reference segments, additional cross-sectional images of both modalities are provided to highlight the reasons for the difference between NIRS-IVUS and CCTA.









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Treated lesion

Severe D1 stenosis and moderate LAD stenosis so LAD/D1 bifurcation PCI was performed, where LAD stent was overlapped with the two previous stents







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Treated lesion



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Treated lesion



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**Treated lesion** 



# Treated lesion





Treated lesion



**Treated** lesion



Supplementary Figure 3. NIRS-IVUS and CCTA coregistration software.

On the top panel, a longitudinal view of the CCTA segment of interest is shown with the matched corresponding longitudinal NIRS-IVUS view shown on the bottom panel. Anatomical landmarks were used to match end-diastolic NIRS-IVUS and CCTA cross-sections, with linear interpolation applied for the in between cross-sections. The NIRS-IVUS vessel and EEM borders are then superimposed on the corresponding CCTA cross-section to enable comparison of the estimations of the two modalities as shown on the top left-hand panel, where the yellow, orange, green and red borders refer to the CCTA lumen, CCTA vessel wall, NIRS-IVUS lumen and NIRS-IVUS EEM, respectively. The corresponding NIRS-IVUS frame is shown on the bottom left panel. The side branch direction indicating correspondence is marked with a purple line.



**Supplementary Figure 4.** A case example highlighting the limitations of Hounsfield unit-based plaque composition assessment.

The top panel shows a NIRS-IVUS spread-out plot of a segment analysed in a right coronary artery, with the yellow colour indicating presence of lipid core and the semi-transparent white showing the presence of calcific tissue. The middle panel is the output of the analysis software for this segment of interest; it is apparent that the high HU values in the lumen resulted in false classification of the vessel wall as calcific tissue. In the bottom panel, the classified tissues in the disease-free segments were replaced by the media, an option that is available in the analysis software; this resulted in improved plaque composition analysis in the disease-free segments but not in the detected plaques where the superficial plaque was erroneously classified as calcific tissue.

#### NIRS-IVUS spread-out plot



Conventional CCTA spread-out plot



#### CCTA spread-out plot with 'media' replacement

